

The High Street's Hottest Party Frocks Are Here

£68

£38

Your New Work Dilemma  
Is It A Meeting? Or Does  
He Want To Sleep With Me?

LOOK.co.uk 30th November 2015

Exclusive Offer  
**30% Off**  
LITTLE LONDON MISTRESS  
Party Ranges  
Ts & Cs apply. See inside

# 100

## THE SMART GIRLS' GUIDE TO BLACK FRIDAY!

(& Cyber Monday)

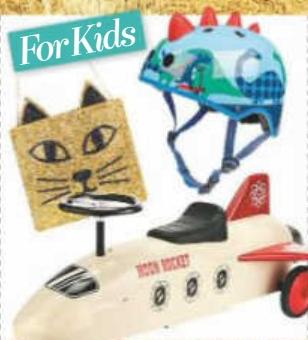
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Huge Discounts!



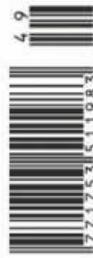
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next

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# RIVER ISLAND

#IMWEARINGRI





# This Week In LOOK

If you have an iPhone or iPad, *Look* is available to download – search for *Look* magazine in the App Store.



30 November 2015

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### It's The High Street's Biggest Sales Week!

Set your alerts, sharpen your elbows – it's time to sweep up the best bargains Black Friday has to offer! We've found the hottest deals starting now, right through to Cyber Monday. We've got a new section too, The Edit (p68) – 24 party flats to dance in all night long! Sales, shoes... What could be better?

### This Week's FASHION MOMENT

#### LADY GAGA

Where? Hollywood.

What She's Wearing: A multi-coloured, printed skirt suit from Chanel's SS16 collection teamed with on-the-money silver platforms that make the two-piece anything but twee.

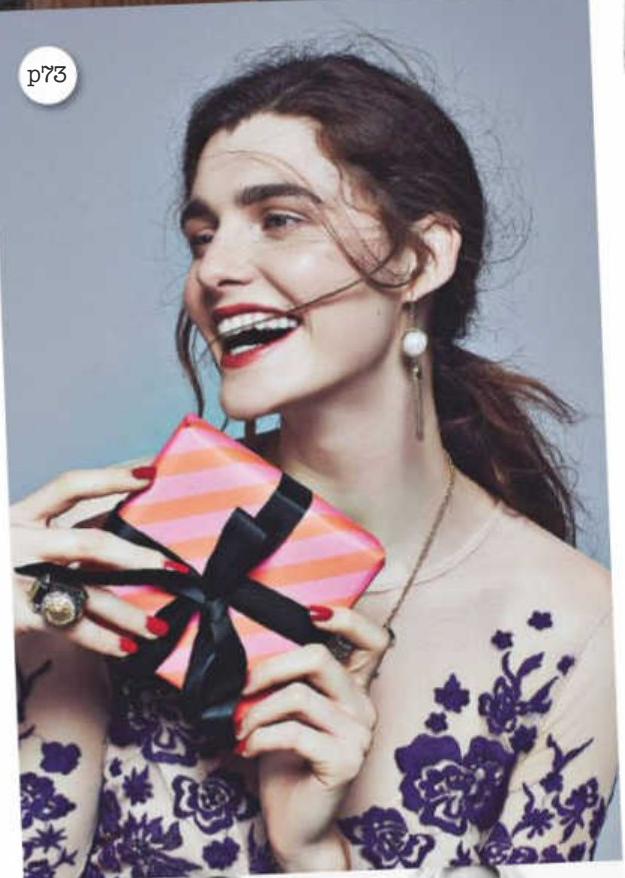
#### Fashion News

Editor Gemma Yates says:

'I had to do a double take to believe it was Gaga – this look oozes cool. Skirt suits will be huge next season thanks to Chanel and Gucci, so Lady G is well ahead of the curve on this occasion.'



More over the page ➔



COVER PHOTOS: MATRIX PICTURES, SCOPE BEAUTY CONTENTS: MILLIE MACKINTOSH/INSTAGRAM,  
GETTY IMAGES; MAXTREE.COM, FAMEFLYNET



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Much More At  
**LOOK.co.uk**



### 1 The 13 Stages Of A Work Christmas Party

Let's be honest, we've all been there. Prepare yourself for the inevitable at [Look.co.uk/workchristmas](http://Look.co.uk/workchristmas)



### 2 All Your Winter Skin Problems Are About To End

The *Look* beauty experts have created the ultimate guide to fighting dry skin and chapped lips. (You can thank us later.) See [Look.co.uk/winterskin](http://Look.co.uk/winterskin)



### 3 Couldn't Face The Gym Today?

We hear you. Check out the very best at-home workouts for you to try tonight at [Look.co.uk/workout](http://Look.co.uk/workout)

## Want Even More?

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# F&F



Dress  
£14

Exclusively available at

**TESCO**

Subject to availability. Selected UK stores

**F-F.com**  
SHOP MORE SIZES AND STYLES

# #Yumi Loves WINTER

A movie by Yumi featuring Lilah Parsons  
[yumi.co.uk/YumiLovesWinter](http://yumi.co.uk/YumiLovesWinter)

# Yumi

[www.yumi.co.uk](http://www.yumi.co.uk)

Jumper £35

## Meet The Team



**Lucy Felton**  
Head Of Fashion Content



**Gemma Yates**  
Fashion News Editor



**Chloe Jackson**  
Fashion Editor



**Sarah Barlow**  
Fashion Assistant



**Amy De Clerk**  
Junior Fashion News Assistant



**Kate Andrews**  
Fashion Stylist

[f @LOOKmag](#) [t @Lookmagazine](#) [i @lookmagazine](#) [p LOOKmagazine](#) [g+lookmagazine](#)



Whistles  
£45

### Whistles' Statement Scarf

When I need a wardrobe update, it's all about a bold scarf. Louis Vuitton's iconic animal-print style is a total cult buy, and this Whistles number is a great purse-friendly homage.

**Gemma**



# We Love!

Here's what's rocking the fashion team's radars this week. Show us your own shopping hauls @Lookmagazine



Zatchels  
£150

### Dreamy Day-To-Night Arm Candy

Meet the perfect piece for going from office to dancefloor this festive season. The price may be at the investment end of the scale, but I can shop guilt-free knowing 30 per cent of the profits go to children's charity Rays Of Sunshine.

**Sarah**

Shirt  
£55

Dress  
£65

Trousers  
£90

### ASOS's Denim Updates

I'm in love with ASOS White's new denim collection, which uses patchwork to refresh staples like shirts and dresses. I'll be wearing them layered over roll necks. **Kate**

Subscribe to *Look* from just £14.99! Visit [Magazinesdirect.com/BEF5](http://Magazinesdirect.com/BEF5) or call 0330 333 4555, quoting BEF5

**LOOK.co.uk** 9

# We Love!

## The Set-To-Be-Cult Sweat

Grey marl sweaters are my off-duty uniform, so this bunny-eared McQ offering is going straight to the top of my Christmas list. I'll add to the designer feel by wearing it with leather trousers and pointed flats, but it can easily be dressed up with a midi and chic courts.

**Chloe**



McQ at  
net-a-porter.com  
£190



Uterque  
£85

## Could-Be-Designer Sneaks

I've got a major thing for futuristic trainers right now, and Uterque has totally knocked it out of the park with these Dior-inspired burgundy beauties. Just the ticket to pepping up my casual shoedrobe, I'll be teaming them with midi dresses for a cool clash.

**Amy**



Dress, £75, Little Mistress by Look

## Little Mistress by Look's Knockout Frocks

### ► Every Occasion Shift

My diary gets crazy busy come party season, which is why I love this wear-anywhere frock. The long sleeves and knee-skimming hem make it appropriate for work soirées, while the jacquard finish adds just enough festive oomph.

**Lucy**

### ► Vintage Sequin Show-Stopper

Our Fashion Stylist, Lucy, made a beeline for this dress because of the A-line shape – great for curvy girls – and boat neckline. But keep accessories minimal – the dress is statement enough.



Dress, £105, Little Mistress by Look  
Stole, stylist's own



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# COLLECTION BY COLOR RICHE *la vie en rose* EXCLUSIVE



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MAKEUP DESIGNER / PARIS



# THE SMART GIRLS' GUIDE TO Black Friday! (& Cyber Monday)

Where to go, what to buy and the £1 bargain you mustn't miss on the biggest shopping day of the year

**F**orget the January sales, the savviest bargain-hunters are all about Black Friday. For those not in the know, the day is the name given to the Friday following Thanksgiving in the US and marks the start of the Christmas shopping season as retailers slash prices to kick-start the gift-buying. This year, Black Friday falls on 27 November but the bargains don't stop there, with some beginning as early as today and most carrying through to Cyber Monday on the 31st (after Thanksgiving, traditionally dedicated to online deals). The event may have started as a tech phenomenon, but now all our fave fashion and beauty hot spots are getting involved, so get shopping!



**PRETTYLITTLETHING.COM**  
Up to 50%  
Plus! Happy  
Hour Deals  
Throughout  
The Day

WAS  
£50  
NOW  
£35

**When?** Black Friday to Cyber Monday.  
**What?** The tan suede trench at a smidgen of the usual price. Score!  
**Prettylittlething.com**

**DOROTHY PERKINS**

**Up To 30% Off Everything!**

Plus daily 'star buys' including a party top, knitwear, dress and parka with even bigger deals online!  
**When?** Wednesday 25 November to Cyber Monday.



**25% Off Across  
The Site**

(including sunglasses in Black Friday sale  
section) with code 25GIFT



WAS  
£198  
NOW  
£148.50

**sunglassesshop**

**When?** Black Friday to Cyber Monday.  
**What?** The big-name designers. Ray-Ban is a go-to for cool classics like this bright blue pair, but Gucci's floral fancies will cause major accessory envy. You'll enjoy up to 55 per cent off selected frames from both of these brands, plus Prada specs, too!  
**Sunglasses-shop.co.uk**

**TOPSHOP**  
50% Off  
Selected  
Items

**When?** Black Friday.  
**What?** The high-street mecca is yet to divulge exactly what treats will be on offer, but we're hoping to see this oh-so Chanel tweed jacket and striped skirt slashed in price.  
**Jacket, £65**  
**Skirt, £55**



Hear  
About  
The Latest  
Bargains – First!

Updated hourly from 10am  
Friday – go to [Look.co.uk](#) and  
follow us for Twitter alerts  
[@Lookmagazine](#)

## This Dress!

At French Connection  
Plus! Various Discounts

**When?** Sales start online  
at 4pm on Wednesday  
25 November, then in  
store on Thursday  
morning, running until  
Cyber Monday.

**What?** We really want  
this hot frock to be  
on sale. The neon  
shades lend it a  
Christopher  
Kane feel.  
**Dress, £120**



**ebay**  
8 Days

of discounts  
with new deals  
launching every  
day at 8am.

**When?** Now to  
Cyber Monday.

**BHS**

50% Off  
everything in store  
plus extra  
reductions online.

Stores will  
be open  
6am-midnight.  
**When?** Thursday  
to Cyber Monday.



**WAS**  
£69.99  
**NOW**  
£55.99

**ZARA**

20% Off All  
Outerwear,  
Knitwear  
& T-Shirts

**When?** Black Friday.

**What?** Zara is known for  
statement cover-ups, so it's  
all about making a beeline  
for a winter coat. From  
on-trend checks to classic  
leopard print you'll find  
one you'll live in, for sure!



25% Off  
Selected Items

**SUGARHILL**  
BOUTIQUE

**When?** Black Friday  
to Cyber Monday.

**What?** The super-cute co-ord.  
Teamed together for an  
alternative party-season  
combo or worn separately  
with your wardrobe staples,  
you'll get mega mileage out  
of this bow-adorned set.

**Top and skirt both Poppy Lux**  
at [Sugarhillboutique.co.uk](#)



**WAS**  
£28  
**NOW**  
£21



**WAS**  
£34  
**NOW**  
£25.50

**WAS**  
£90  
**NOW**  
£54.99



40% Off  
Selected Items

**When?** Black Friday to Sunday.

**What?** Covering everything  
from killer heels to kicks,  
this is where to update your  
shoedrobe. Our picks?  
Check out Nike's popping-pink  
sneakers and these totally  
on-trend tasseled lovelies.



**WAS**  
£70  
**NOW**  
£39.99

More over the page

[LOOK.co.uk](#) 15



SALONIST™

# STUNNING LUMINOSITY

100% Grey Coverage

VS Salonist breakthrough home hair colour system, with **VS Active Serum**, applies a salon-inspired technique for hydration and stunningly luminous colour. The revolutionary Salonist by Vidal Sassoon, available in 24 luminous shades.





## Miss Selfridge

### Up To 50% Off Everything

**When?** Tuesday (dresses from £20); Wednesday (boots from £30); Thursday to Cyber Monday (up to 50 per cent off everything).  
**What?** Winter boho maxis and killer boots. This statement printed frock will look as amazing now with a fur gilet as it will with summer sandals, and they have some amazing winter boots on offer.

Dress, was £69, now £34.50

**ASTRID & MIYU**

### 20% Off Everything

**When?** Midnight Thursday to midnight Monday.

**What?** This under-the-radar label specialises in dainty jewellery that looks way more expensive than it is. We're smitten with the horseshoe, half-moon and initial designs – the tough part is whether to go gold, silver or rose gold.

**WAS**  
£39  
**NOW**  
£31.20

**WAS**  
£39  
**NOW**  
£31.20

### John Lewis Never Knowingly Undersold

John Lewis will price match with direct competitors in keeping with their 'Never Knowingly Undersold' mantra, saying: 'If our competitors have a sale, we have a sale.'

**DAISY DIXON**

### £1 Watches!

The Edie watch will be on sale for £1 between 1-2pm on Black Friday.  
**When?** Black Friday.

**What?** You've got one hour to snap up cool new watch brand Daisy Dixon's gorgeous Edie watch for £1!

**Edie watch, was £50, now £1,**  
[Daisy-dixon.com](http://Daisy-dixon.com)



**LAVISH ALICE**

### 30% Off Everything

**When?** Black Friday to Cyber Monday.

**What?** Statement-making separates! We're talking could-be-designer snake-print co-ords, sleeveless wrap jackets and bold striped trousers to invest in.

**WAS**  
£48  
**NOW**  
£33.60

**WAS**  
£68  
**NOW**  
£47.60



## THE DRESS HITS



**WAS**  
£85  
**NOW**  
£59.50



**WAS**  
£310  
**NOW**  
£232.50



**WAS**  
£55  
**NOW**  
£33

**HOUSE OF FRASER**  
SINCE 1849

Up to 50 per cent off  
**When?** From Wednesday 25 November to Cyber Monday.  
**What?** This scalloped frock.

**The Pretty Dress Company**

Some items, 15 per cent now, 25 per cent off on Friday.  
**When?** Now until Black Friday.  
**What?** This D&G-esque dress.

**LITTLE MISTRESS**

Some pieces, 40 per cent off  
**When?** Black Fri-Cyber Mon.  
**What?** Our Little Mistress by Look teal party dress!



**WAS**  
£149  
**NOW**  
£104.30

## THE BAG EDIT

MODALU  
ENGLAND

**30 per cent off the whole website** There's also an extra discount on the best-selling Erin collection.  
**When?** Wednesday 25 November to Sunday 29.  
**What?** We love this Whitney metallic hobo bag.

FIORELLI

**30 per cent off everything** It'll release one new style hourly (from 8am to 8pm).  
**When:** Thursday 26 to Sunday 29 November.  
**What?** The pastel blue Emilie purse, reduced from £59 to just £20 with free UK delivery.

**WAS**  
£59  
**NOW**  
£20



**WAS**  
£119  
**NOW**  
£79.73



**WAS**  
£139  
**NOW**  
£93.13

## BAUKJEN 33% Off Knitwear & Coats

**When?** Thursday to Cyber Monday.  
**What?** Luxe jumpers. This boutique label boasts many a celeb fan, including Ms Alexa Chung. Roll-necks are a winter essential, and Baukjen's bold colours make for a twist on a classic – especially that neon shade.



boohoo.com  
**Discounts Starting At 20%**

**When?** Black Friday.  
**What?** Festive season's hottest skirt. Covered in shimmering gold sequins, this uh-mazing maxi will turn heads at every Christmas party. Go, go, go!  
**Skirt, £30, Boohoo.com**

## Others To Watch...

These guys are keeping their cards close to their chest, but here's what last year brought. Keep up to date with the Black Friday goings-on at Look.co.uk/blackfriday.

- **Whistles:** 30 per cent discount.
- **M&S:** 30 per cent off items in store and online.
- **H&M:** Up to 70 per cent off selected items.
- **Mango:** Up to 30 per cent off selected items.
- **River Island:** 20 per cent off from 11am-3pm on Black Friday.
- **ASOS:** up to 70 per cent off on ASOS Outlet and 30 per cent off on the main site.
- **Very.co.uk:** promising the biggest Black Friday ever! Last year was their biggest trading day ever with 10,000 orders generated every hour.
- **Amazon** released flash deals every 10 minutes for the full week running up to Black Friday.



### BOOTS

**When?** Black Friday.  
**What?** The amazing Benefit Star Gift includes Hoola bronzer, They're Real mascara and best-selling primer The Porefessional in one very compact box set.

**WAS**  
£52.33  
**NOW**  
£23

### MANDARA SPA

**When?** Book on Black Friday and it'll be valid within three months of booking.

**Offer:** Two facials for £69 plus access to the spa facilities, a glass of bubbly and a complimentary product.

**What?** This spa deal with the girls will normally cost you over £180, so this is an absolutely bargain. It's available at their snazzy spa at the Park Plaza Westminster Bridge Hotel, London.

## BEAUTY HITS

### DEBENHAMS

**When?** Available online from Monday 23 November and in store.  
**What?** The Estée Lauder Advanced Night Repair Set is the perfect Crimbo pressie for your mum. This anti-ageing kit features iconic Lauder products and comes in travel sizes.



**WAS**  
£50  
**NOW**  
£25



### FEELUNIQUE.COM

**When?** From midnight on Thursday 26 November.

**What?** Philip Kingsley Exclusive Elasticizer Tin hair mask is a beauty must-have. Snap up this tin, plus 10 masks for less than half price.

### SUPERDRUG

**When?** From 00:01 on Wednesday 25 November to 1 December (or until stocks last).

**What?** Toothbrushes aren't sexy, but the Philips Sonicare Diamond Gift Set is. From the electric purple shade to the fact that it charges in a glass holder and, well, George Clooney has one.

# DEBENHAMS

## FOUND IT

at the **BIG GIFT EVENT**



**Free next day Click & Collect<sup>†</sup>**

\*Full price only. Ends Sunday 29 November 2015. †Order by 9pm for collection in store from 12pm midday the next day.

All Scottish stores from 1pm the next day. Selected brands excluded. Please see [debenhams.com](http://debenhams.com) for further details. Debenhams Retail Plc. Selected brands excluded, UK mainland stores only (excludes Inverness). Please see [debenhams.com](http://debenhams.com) for further details. Debenhams Retail PLC.

# Exclusive! Steal Cara & Kate



**Cara wears:**  
Jumpsuit, £59.99,  
**Mango**

**Kate wears:**  
Top, £59.99  
Trousers, £59.99  
both **Mango**

# 's High-Street Party Style



Cara + Kate + Mango's winter collection = heavenly party pieces

It's time to channel your inner super this festive season with Mango's new range

Kate Moss, Cara Delevingne, Mango – a combination made in fashion heaven. After becoming joint poster girls for the high-street hotspot's AW15 campaign earlier this year, the dream team is back to showcase the killer winter collection.

From floor-sweeping frocks to cool jumpsuits and, of course, plenty of sparkle, the new Mango drop taps into both Kate and Cara's signature style

– case in point, the plunging silver lamé dress modelled by Ms Moss (overleaf), and Cara's edgy all-in-ones. Add to that faux-fur cover-ups, could-be-vintage kimonos and beautiful jewels and you're looking at a collection that ticks off every occasion in the festive season. Metallics are key – gold and black is the hot colour combo – with pops of Christmas red. And to style it, think undone hair and plenty of attitude, just like Kate and Cara.



## Gemma's Mango Must-Haves

Fashion News Editor Gemma Yates reveals what's top of her party-season shopping list



Top  
£59.99

As well as being super pretty, this top is versatile, too – it'll look amazing with boyfriend jeans and trainers on the weekend



Dress  
£79.99



Jumpsuit  
£59.99

This bold jumpsuit is an office-to-party dream – I can slip a knit over it during the day, then wear it solo after dark



Top  
£29.99



Earrings  
£14.99



Jacket  
£89.99

## Nail Kate Cool

Slinky maxis and a sprinkling of her staple leopard print. We bet Mossy would be all over this lot...



Top  
£44.99

Try the kimono jacket or sequin tee with leather trousers for a real Kate feel



Jacket  
£69.99

Shoes  
£69.99



Dress,  
£79.99,  
Mango



Minimal accessories are in order when it comes to this hot red frock. Slip on an upper arm bangle and you're good to go

Dress  
£79.99



## Add Some Cara Edge

From timeless tuxedo jackets to fiercely embellished frocks, these off-beat buys are oh-so Cara...



Top  
£39.99



Trousers  
£39.99

Team the gold top and striped trousers together and add extra glamour with a bold red lip



Clutch  
£24.99



Jacket  
£69.99

Revamp the classic tux jacket by going slightly oversized and styling it as a dress



Dress  
£139.99



Jumpsuit  
£69.99

Turn to page 46 for our interview with Kate and Cara...



## See More Online

Kate's fashion file is giving us serious style goals. Visit [Look.co.uk/mossy](http://Look.co.uk/mossy)



Unilever



"My bedroom's  
my backstage.  
Life's my  
runway."



NEW RUNWAY COLLECTION  
CREATION HAIRSPRAYS

A salon-quality collection  
created by experts for  
invisible, workable hold.

Get inspired: [youtube.com/TRESemmeUK](http://youtube.com/TRESemmeUK)

TRESemmé

PROFESSIONAL. AT YOUR FINGERTIPS.

# BLACK FRIDAY

SALE NOW ON  
UP TO 50% OFF  
NEW SEASON STYLES\*

\* Selected lines

# QUIZ

QUIZCLOTHING.COM

PLAYSUIT 00100006611 £29.99

HEELS 00100006491 £36.99





# Bring On The Christmas Knits!

Yes, festive jumper season is finally here and the Look team have already found their faves. Which one will you rock?

From robins to reindeer, there's no shortage of festive cheer in this year's high-street Christmas jumper drop.

If you prefer to keep things chic, we're obsessed with Bella Freud at Topshop's 'Dear Santa' homage, which we'll be rocking with a button-up denim mini for an

Alexa Chung-esque take on Crimbo cool. However, if you're in the market for something more bling, fear not – there are plenty of tinsel-tastic styles on offer, too. Let the festive dressing commence!



New Look  
£24.99



Simply Be  
£30

Festive Fancy



Next  
£35



Dorothy Perkins  
£26



H&M  
£24.99



Joules  
£49.95



George  
at Asda  
£15

Meet the team:  
(l-r) Amy, Laura  
Jane, Anna,  
Maxine and Rose

Christmas Cracker!

Alpine Chic



See More Online

Shop even more festive knits  
at [Look.co.uk/xmasjumper](http://Look.co.uk/xmasjumper)

# ASOS's Sparkliest Party Dresses Ever!

Call off the search – we've just found the most showstopping frocks around town...

**F**inding a knockout party dress that's guaranteed to turn heads is no mean feat. It's got to fit well, make you feel good and, most importantly, pack plenty of wow factor. This season, it doesn't get much more jaw-dropping than ASOS's Night collection – AKA, the glitziest crop of frocks on the high street right now. The range has just touched down on the virtual rails, and we're totally dazzled.

“These are the glitziest crop of frocks on the high street”

First up, let's talk about that could-be-designer, technicolour number. With layers of sequin fringing in bold, über-sparkly shades, it'll make you feel like Beyoncé on the dance floor. Elsewhere, high-shine fabrics reign supreme on long-sleeved minis, slinky pencil midis and flirty skater frocks. Prepare to be centre of attention...



Dress, £200  
Boots, £45  
**both** ASOS





Dress  
£50

'Star motifs are having a moment again this season, ditto the 80s, and this frock ticks both trends. Strappy gold heels will be the perfect partner'

Gemma Yates, *Look's* Fashion News Editor



Dress  
£38

'Green gives staple sequins a fresh feel. Avoid wearing with red – it's way too Christmassy. Try a lacy black blouse underneath when you want extra coverage.'

Hannah Banks-Walker,  
*Look's* Fashion News Writer



Dress  
£85



Dress  
£85

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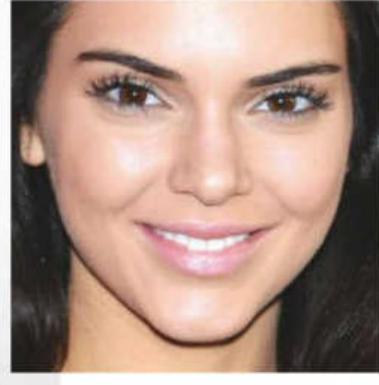
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With Kim, Kendall and Kylie all huge fans, Huda Beauty is the 'It' brand for amazing lashes. And it's finally landed in the UK!

**H**uda beauty – know the name? If not, it's time you did. Because it's the brand created by super-blogging sensation Huda Kattan, one of the biggest, most successful and influential beauty bloggers in the world.

Since starting Hudabeauty.com in 2010, Huda's blog has gained a whopping 7.8 million followers on Instagram (that's more than President Obama), over 44,000 followers on Twitter and 741,000 subscribers on YouTube. Yes, we told you she's huge. But that's not

all – Huda launched her own range of false eyelashes back in 2013, and now thousands of make-up artists, as well as the entire Kardashian/Jenner clan, swear by them!

Until now, the wonder lashes have only been available to buy in the US and Middle East, but thankfully, one of our fave beauty websites, Cultbeauty.co.uk, has answered our prayers and started stocking them too. Before the launch last week, the lashes had an epic waiting list of 7,200 – crazy, we know! It's time to get in on the lash action now. We predict a sell out!



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#PINEAPPLING 

# The Curly Hair Trend Rihanna & Co Love!

It's high time you had a go at crafting your very own take on this 90s-inspired, cool-girl look. After all, everyone's at it...

**W**hen you think of pineapple hair, you're probably picturing someone clad in spandex and sweatbands, huffing and puffing to a mid-90s workout video. But what if we told you that the old-school classic style is back in the form of pineappling, otherwise known as the pineapple method. As with most of our ultimate style revivals, superstar Rihanna is right behind

“The style has been used by women with wavy hair for decades”

the trend, but we've also spotted it on Ella Eyre, Little Mix's Leigh-Anne Pinnock, and a whole host of other celebs in between.

Any curly-haired ladies will know that when it comes to managing your locks, the struggle is real. But it turns out that pineappling has been the secret behind great curls, and the style has been used by women with wavy hair for decades. Check it out on Instagram with the search term #pineappling and get twirling to your heart's content!



Follow our easy step-by-step guide for killer curls...

**Step 1:** Start with damp/towel-dried hair. Flip your head upside down and pull it into a high ponytail as close to the hairline as possible.  
**Step 2:** To stop your hair

kinking, tie it off with an **Invisibobble hair band, £4**.  
**Step 3:** Wrap your hair in a silk scarf to stop it from getting extra frizzy while you toss and turn in bed, or sleep

on a silk pillowcase (try a **John Lewis silk pillowcase, £35**, as opposed to a standard one), which is great for keeping the natural oils locked in.

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# Kendall's Jumpsuit: Shop It For £48!

You don't need to walk around in lingerie to look like a Victoria's Secret model – just snap up a lookalike of Kendall Jenner and Sara Sampaio's all-in-one, instead

**A**s well as being in-demand catwalk models blessed with the most amazing bodies, Victoria's Secret models Kendall Jenner and Sara Sampaio have something else in common – their love of Frame Denim's 'Lamaar' jumpsuit. Both have stepped out in the 70s denim dream recently, and it's got us lusting after one of our own.

Luckily, we didn't have to hunt for long, as ASOS has a flared, pocket-fronted offering that nails the Angels' style, but at a fraction of the £350 price tag.

The denim fabric makes it a year-round wonder buy that totally transcends the seasons – just slip a fine-knit roll-neck underneath when the weather gets colder. Make like Kendall and Sara, and switch the built-in belt for a tan-coloured style, and add block-heeled boots to create the illusion of endless supermodel pins. Warning: you won't want to take it off...





**See More Online**

Victoria's fashion file is giving us *all* the style goals. Visit [Look.co.uk/VB](http://Look.co.uk/VB)



# VICTORIA Lays Down New Marriage Rules

*Look* reveals how the designer is determined to keep her relationship on track – despite all its pressures

**T**'m so happy' were the words Victoria Beckham chose to post on her Instagram last week. Sure, she could be talking about her recent British Luxury Fashion Award, but we also know that Victoria's happiness is firmly rooted in her personal life. The 41-year-old fashionista has never been so open as she has in the past few weeks, proudly Instagramming candid family snaps – including one gushing over son Romeo at the Burberry Christmas party – and posting touching tributes to her husband. It's all part of Victoria's new marriage rules, to make sure that her and David, 40, continue to remain as strong as possible.

As *Look* previously reported back in September, the pair's relationship had been under pressure due to their separate business commitments and different social lives. But according to insiders, Victoria's keen to merge both so they can spend more time together.

'Of course, there won't be any formal contracts written up, but Victoria pointed out that it's vital they do more things as a couple,' a source tells us. 'Not just date nights – she also wants to work out a way for their different friendship groups to blend.'



“Victoria has pointed out that it's vital they do more things as a couple”

And they definitely seem to be putting those plans into practice. Just last week, the couple, who have been married 16 years, were reportedly spotted enjoying a group night out at Indonesian restaurant Australasia in Manchester, celebrating David's UNICEF charity match at Old Trafford. According to onlookers, the pair looked 'happy and chatty' alongside Victoria's fellow Spice





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**We Are Family**

The Beckhams had quite a November! Romeo starred in the Burberry Christmas ad and David was voted People magazine's sexiest man alive. Plus, Brooklyn played football alongside his dad at Old Trafford and Harper met Prince Harry. Wowsers

**Romeo & Brooklyn**

Victoria shared this snap of her with Romeo and Cruz at the Burberry bash in a proud-mum moment on Instagram

**People Magazine Cover**

Victoria Beckham: Sexiest Man Alive!

Girl and BFF, Emma Bunton, as well as David's close pal, football agent Dave Gardener and his partner Liv Tyler.

'When they were based in LA, they had a really tight social unit,' our source explains. 'However, in London their friends are more fragmented. Victoria wants them to make a real effort to integrate with each other's social groups.'

Another rule is that they both need to find time for a bit of fun. 'Victoria's keen not to be in work mode when they're together, and David's pleased because he's been encouraging her to let her hair down a bit more,' adds our source.

And despite Victoria's confession that maintaining her £30million fashion label is 'stressful', the duo definitely seem to be enjoying letting loose and having fun together. Especially when Victoria was spotted stumbling out of her London store's first anniversary bash in September. 'I had a lot of fun at that party,' she admitted. 'The hangover wasn't great!'

While bringing up four children (Brooklyn, 16; Romeo, 13; Cruz, ten, and four-year-old Harper) can't make it easy to spend time alone, Victoria's said to have told David that she wants more 'us' time. She's been open in the past about how important this is to her relationship. 'We still have "date nights";' she says. 'We're like [to the children], "Every Wednesday, mummy and daddy go out on their own."

While there will inevitably be times their work schedules will keep them apart from each other, Victoria is determined their family life won't conflict. 'David and I work it out so that we're not away at the same time [as each other],' she revealed recently. 'So one of us is always here.'

'I think Victoria definitely wants more time for family bonding at weekends,' a source says. 'That means meal times with no phones, and lots of activities which they do as a group.'

Victoria was even said to have steered David away from buying a new Miami home earlier this



## VB Rocks Spring Now!

Victoria shows us how to wear her new-season pieces before they've even hit the shelves...



**Slinky Slip**  
Crushed velvet and spaghetti straps? This dress is a 90s dream! The chunky belt brings it up to date.

**Suit Up**  
Giving us major workwear inspo in this grid-check suit, VB keeps her look sleek. What a pro.

**Tweed Refresh**  
Posh proves it's all in the detail in this frock, making the bouclé midi one of SS16's most coveted items.

**Vampy Lace**  
Victoria put a chic spin on sheer in this two-piece. Thanks to the pleats, you only see a flash of flesh.

**Fresh Florals**  
VB's SS16 collection is all about surfer-style prints, and her laid-back take on blooms is going to be huge.

month – he has dreams of launching his own football team there – for the family's sake. According to *The Sun* newspaper, after a busy 12 months, Victoria has made it clear she wants London to be their permanent base for 2016.

'Victoria has asked David to think carefully before embarking on any new projects,' an insider tells us. 'It's vital that they aren't separated for more than a few days at a time, she knows how important it is to the future of their relationship.'

Making that happen will be not be easy, but they are said to have already coordinated their calendars – which is impressive, as the designer claims her diary is already booked up until next November. 'It takes a serious effort to synchronise their schedules,' says a source. 'But as Victoria has pointed out, it's better to be prepared, and that way, they will avoid disagreements in the future.'

But despite how busy they are, there's *never* any guilt between the pair when they are inevitably apart, as

**“She's asked David to think carefully before embarking on new projects”**

they are both extremely encouraging of each other's dreams. 'He's a really good person. He's a really great dad, very kind, charitable and he inspires me every day,' Victoria gushed recently. 'He's got an incredible head on his shoulders. He's smart. He has great ideas.' Equally, over the last month David has posted cute messages to his 15 million Instagram followers of how 'proud' he is of his wife's work. Aww, you guys...

Next up, they are reportedly planning a winter escape, and it will all be about time as a couple.

'Victoria has been so busy this year in the lead up to her show in September,' an insider adds. 'She's really keen to take some time out soon on another getaway to reconnect.'

'They don't want to neglect what really matters,' another source adds. 'And that's each other – not the brand.'



Taylor Swift, looking elegant in a light blue gown, stands on a red carpet. She has short blonde hair and is wearing red lipstick. The background is blurred, showing other people and lights.

**TAYLOR'S  
‘Apology From Her  
Hollywood Ex’**

There's apparently no bad blood between Jake Gyllenhaal and Taylor Swift any more

**A** Hollywood heartthrob and a singing sensation? It's no wonder Jake and Taylor were the talk of the town in 2010. But when things ended abruptly – apparently over the phone – it was reportedly Jake's decision. Ouch. Now, five years on, Jake, 34, is said to have been in touch to apologise to Taylor. 'I think he felt bad,' a source tells *Look*. 'He wanted to say sorry for the way things ended.'

Taylor, 25, only dated the actor for a whirlwind three months. However, things appeared to get serious quickly, and they were spotted in November 2010 looking loved-up in her hometown of Nashville. But it ended that New Year's Eve when the *Nightcrawler* actor called things off out of the blue. While Taylor said nothing publicly, it was reportedly the inspiration behind her 2013 track *The Last Time*, which included the lyrics, 'You break my heart in the blink of an eye.'

Fast forward to June 2015, and it seems that meeting Taylor's BFF Cara Delevingne prompted Jake to reach out. He saw Cara backstage at *The Graham Norton Show*, asked for Taylor's number – and used it. 'Jake basically said he felt awkward about the break-up,' our source reveals. 'He told her he's glad she's moved on with Calvin.'

'Taylor was nervous when Jake called,' says another insider. 'But it was a relief – she's grateful he's being a gentleman about it.'

And boyfriend of eight months, Calvin Harris, 31, needn't worry because Jake's apology has reportedly strengthened their relationship, as Taylor's said to be able to move on from her painful romantic past. 'It was extremely cathartic,' a source says. 'She realised how happy she is to have finally found true love with Calvin.'

**Taylor's said to be happy she can move on now**



Nice guy Jake's said to have called Taylor



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# LOVE LIVES

If They're Doing It, We've Got The Pics To Prove It!



## Sorry Ladies, There's No R-Patz Break-Up

Robert Pattinson  
& FKA Twigs

When Rob was spotted looking down in the dumps at the recent MOBO awards, while fiancée FKA Twigs spent her night on the dancefloor, we worried all was not well. But it's OK guys, the couple, who got engaged in April after seven months together, are 100 per cent *on*, and looked oh-so loved up at a charity bash last week.

Rob, 29, and the 27-year-old singer were snapped enjoying the eighth annual GO Campaign Gala in LA, which raises money for vulnerable children worldwide. Insiders reveal

“They barely left each other’s side all night”

they ‘barely left each other’s side’.

Despite being linked to Rob in the past, Katy Perry snuggled up for photos, too – thirdwheel, much? Later on, Rob was transfixed by Twigs’ performance on the night, and she glowed as Rob bid £5,568 for a Peruvian adventure for two and won – honeymoon, perhaps? Sounds good to us...



With Katy Perry and  
FKA Twigs on each arm,  
R-Patz safely enters  
smug-smile territory

# LOVE LIVES

If They're Doing It, We've Got The Pics To Prove It!



Game, set and match made in heaven? Nicole and Grigor certainly seem to have hit it off...

## Is This Scherzy's Perfect Match? Nicole Scherzinger & Grigor Dimitrov

It seems like Nicole might finally have moved on from Formula 1 ace Lewis Hamilton – with a different sportsman. The 37-year-old is said to have been dating Bulgarian tennis player Grigor, 24, since July, following his split from fellow tennis star Maria Sharapova. While Nicole hasn't confirmed the rumours, it comes only a week after she was seen leaving a London nightclub, just before her ex. What's going on Nic?

## Honeymoon Selfie Alert

### Whitney Port & Tim Rosenman

Seriously, we can't take more #Honeymoon snaps. This week, former *Hills* star-turned-fashion designer Whitney, 30, posted this idyllic snap of her and new husband Tim soaking up the sun on a beach in Fiji after their recent wedding. Sigh.



## Now That's #RelationshipGoals

### Catherine Zeta-Jones & Michael Douglas



They briefly split in 2013, but Catherine, 46, and Michael, 70, are happier than ever. The actress posted a snap of them captioned: 'Happy Anniversary Michael! Loving our life together, here's to the next 15!' Aw.

## Wedding Bells!

### Sofia Vergara & Joe Manganiello

Congratulations are in order for Sofia, 43, and the hunky *Magic Mike XXL* actor, 38, as they tied the knot at the gorgeous Breakers Resort in Palm Beach in Florida last weekend. Apparently the pair spent a fortune on the nuptials and invited 400 of their closest friends and family. Just a quiet, intimate do then...



# WHEN WE CRACKED CHRISTMAS.

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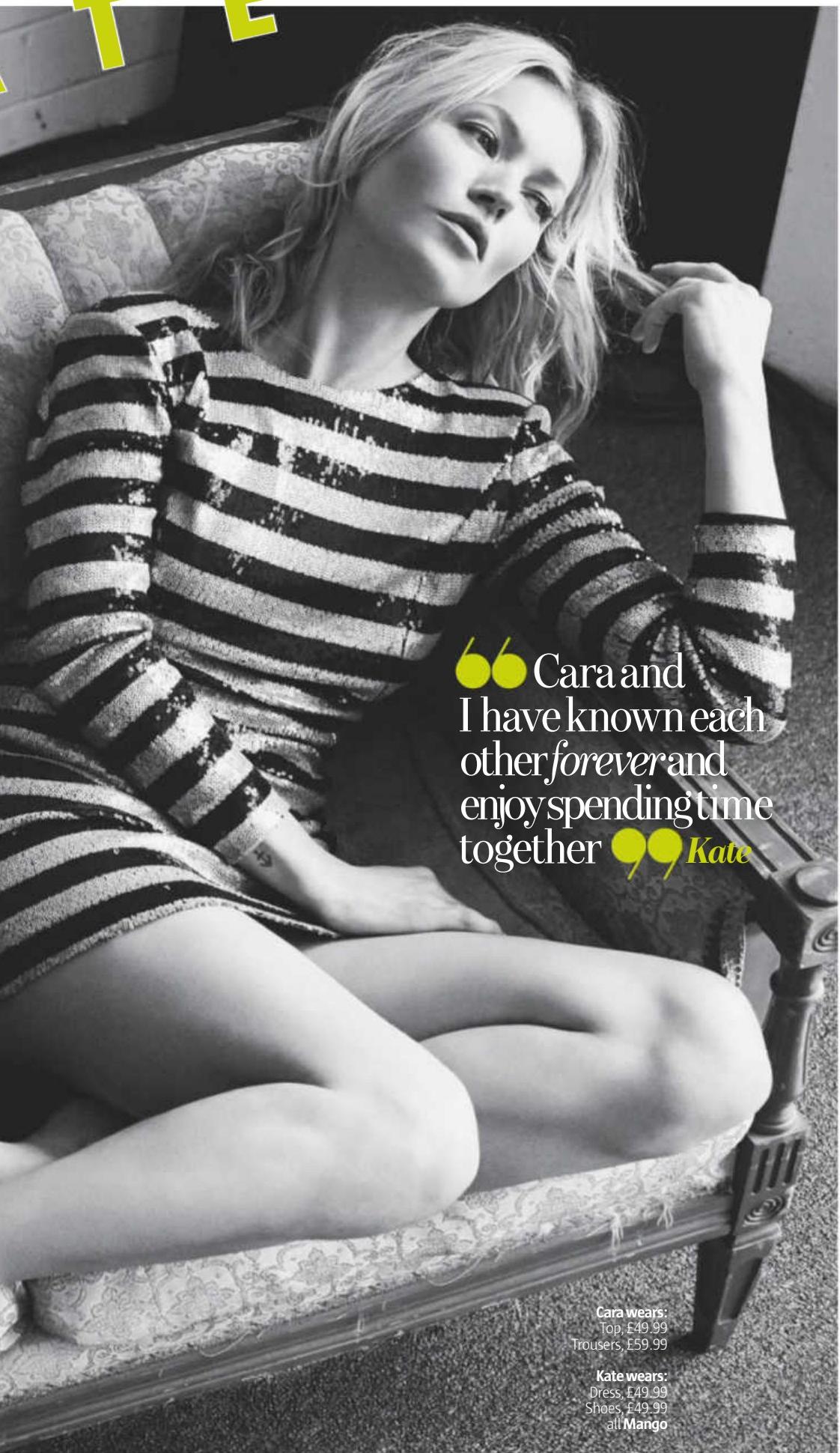
Interview Of The Week



# On Friendship, Parties & Christmas

As they unveil their second collection for Mango, BFFs Cara and Kate reveal their style secrets and how they'll spend the festive period – next time, ladies, we expect an invitation...

T E



“Cara and I have known each other *forever* and enjoy spending time together” **Kate**

**Cara wears:**  
Top, £49.99  
Trousers, £59.99

**Kate wears:**  
Dress, £49.99  
Shoes, £49.99  
all Mango

If we could invite anyone to our Christmas party, it would be Kate Moss and Cara Delevingne. And as the most in-demand supermodels of the moment, it's no wonder Mango has brought them together for the second time to front their winter campaign.

For Cara, 23, and Kate, 41, it's hardly work because they're also good friends, thanks largely to Kate's desire to protect Cara in her early years of modelling.

'I had no concept of saying no to anyone,' says Cara, who's been dating musician Annie Clark (AKA St Vincent) for over a year. 'I eventually said "no" and [took] a break – [thanks to] the advice of Kate Moss, who kind of picked me up off the floor passed out.'

However, it's Kate who may have leaned on Cara lately following the apparent breakdown of her marriage to Jamie Hince, 46. It seems she's now moved on with Count Nikolai Von Bismarck, 28.

With all that and the new Mango drop to discuss, we got the ladies to share their style secrets and Christmas party plans.

**Hi Kate, Hi Cara. Tell us who you think the Mango woman is...**

**Cara:** [She's] fashion forward and confident.

**Kate:** She's confident and stylish. It's good to be back working with the Mango team again; they are a great brand and I love this collection.

**Were you glad to be reunited with each other for this campaign?**

**K:** Cara and I [have] known each other *forever* and enjoy spending time together. Working with friends is always a bonus.

**Which piece from the Mango winter collection will you be purchasing to carry you through the whole season?**

**C:** The military suit! It's great.

**K:** The black flares.

**Who are your style icons?**

**C:** Jimi Hendrix.

**K:** Anita Pallenberg in the 70s.

**Can you define your own style in three words?**

**C:** Comfortable. Quirky. Spontaneous.

**K:** Rock. Chic. Classic. [Cara's is] indie and young.

**What's your go-to casual outfit?**

**C:** Jeans and a T-shirt.

**K:** Jeans, a fine t-shirt and ankle boots.

**What outfit makes you feel sexy?**

**C:** It's about my mindset, more so than what I wear.

**K:** A short dress and a heel.



**See More Online**

Check out Cara's cool fashion file at [Look.co.uk/cara](http://Look.co.uk/cara)



# Interview Of The Week



Kate and Jamie haven't been seen together in weeks

**Everyone needs the perfect day-to-night party outfit.**

**Any recommendations?**

**C:** I'm still trying to figure it out! I usually wear what's comfortable, but that doesn't always mean it looks good!

**K:** Adding a heel, diamonds and a tux *always* works.

**What piece of clothing would you never wear?**

**K:** A puffball skirt.

**How do you feel being seen by others as style icons yourselves?**

**K:** I don't really think about it, I just love clothes and putting looks together.

**What would you steal from each other's wardrobes?**

**C:** Kate has some great one-off pieces. Her vintage collection is amazing!

**K:** [Her] Chanel.

“  
Feeling sexy is more about my mindset than what I wear  
”

Cara



**Kate, your daughter Lila Grace is going to inherit an impressive wardrobe – has she started wearing your clothes?**

**K:** No, no yet, but she has a great style of her own.

**Are we going to see her following in your model footsteps?**

**K:** Who knows?!

**You both have tattoos, but which is your favourite and why?**

**C:** [It's] hard to pick, but maybe the one I got on the back of my neck in Thailand [a large Sak Yant symbol that supposedly has magical powers]. It was a spiritual process.

**K:** My little heart [a tiny black etching in between Kate's thumb and forefinger] – it was my first.

**What does luxury mean to you?**

**C:** Freedom!

**K:** Time.

**What's the best advice someone's ever given you?**

**K:** 'Never complain, never explain.'

**What's your most precious possession?**

**C:** My family insignia ring.

**K:** My engagement ring.

**What about your guilty pleasure?**

**C:** Bacon.

**K:** Watching TV in bed.

**And what's the nicest thing a fan has ever said to you?**

**K:** 'You look better in real life!'

**How do you find a balance between your personal life and your professional career?**

**C:** It's not easy. I have a lot of very understanding people in my life who support my schedule. Let's just say I'm grateful to technology and FaceTime.

**K:** Sometimes it crosses over.

**If you could swap lives with each other for 24 hours, what would you do?**

**K:** [I want to] sing with Pharrell.

**What's been your most memorable Christmas party ever?**

**K:** Mine!

**Cara, being from a big family, do the Delevingnes usually spend Christmas and New Year together?**

**C:** Yes, we try!

**How will you both spend the holidays?**

**K:** At home with my family and friends.

**What do you think is the perfect Christmas gift?**

**C:** My family got me a customised guitar a few years ago. It was really special.

**K:** [I like] jewels, to give and receive.

**What's your fave Christmas dinner?**

**C:** I love a turkey roast.

**K:** Roast turkey and all the trimmings!

**What are your New Year's resolutions?**

**C:** To continue to grow as a person, challenge myself and be inspired.

**K:** Peace and love.

WORDS: OISELLE WAINWRIGHT PHOTOS: SPLASHNEWS.COM, GETTY IMAGES, XPOSUREPHOTOS.COM, CARADELEVINGNE/INSTAGRAM

## BEST OF FRIENDS Why Kate And Cara Are Total BFFs



### Model LOLs

Who else gets the giggles on the FROW? Nope, it's just these two.



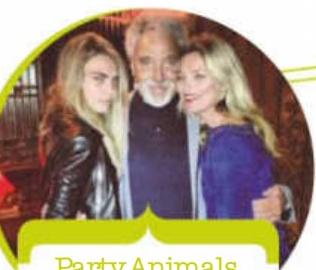
### Singing Supers

Both ladies love to get up on stage and belt out a tune.



### Fashion Inspo

They love dressing up as each other. But Kate's totally the winner here.



### Party Animals

These two are known for their wild nights out – right, Tom?



### Social Network

Backstage, Kate and Cara are always there to support each other.



### See More Online

Want to check out other famous friends? Hit [Look.co.uk/celebmates](http://Look.co.uk/celebmates)

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One of the advantages of dating someone from work is the wardrobe-sharing possibilities

# The Secret Dating Website Everyone Is On

Ta-ra, Tinder – career women have a surprising new way to meet ‘The One’

**H**ard-working. Ambitious. Dynamic. These are three words that you’re more likely to associate with your CV than with your dating profile – but that’s all about to change as more singles than ever are blurring the lines between dating and networking. LinkedIn, previously known as one of the driest social networks, has now been adopted as the place for young professionals to find their next dates.

‘People are definitely using LinkedIn as a new dating website,’ says writer Olivia Foster, 28. ‘I’ve been approached twice on the site. Both times I felt

flattered rather than offended, and, of course, checked to see if they were good looking,’ she says. ‘I would certainly consider going out with someone through the site, as I know they’d be career-minded like me.’

With 17 million LinkedIn users in the UK and the ability to narrow down your search via profession and location, it’s easy to understand why people are turning to it. ‘We see a lot of people who have a very clear idea of what industry they want their future partner to work in,’ says Caroline Brealey, a dating expert and matchmaker at Mutual attraction.co.uk. ‘It can

“  
You can learn so much about a person  
”

mean they are understood better by their partner, especially if they have certain ways of working, have to work long hours or are on call a lot.’

In fact, recent research shows that couples who meet through work are more likely to have stronger marriages than those who don’t.

This is certainly the case for Katie Ortman-Doble, a division director from Colorado, for whom ‘date-working’ led her to the love of her life. ‘I spend a significant portion of my day on LinkedIn,’ she wrote in an online blog. ‘When Nick’s face appeared, I melted. Without a second guess, and knowing full well that it was a long

shot we would actually do business together, I clicked "connect".

Two weeks later she met him for a coffee, and a year later they were married. 'The beauty of LinkedIn is you can learn so much about a person before ever talking to them,' she says.

One turn-off with dating apps such as Tinder is they are overrun with choice. A whopping nine billion matches have been made on Tinder since it launched in 2012, leading women to abandon the app in favour of other options where people are seen as less 'disposable'.

'When someone is on LinkedIn, it pretty much means they take their career seriously and that's what I am looking for in a boyfriend,' says Harriet

**“I'd advise people to be open-minded – your job doesn't define you”**

Gordon\*, 32, who works in publishing. 'On Tinder it's about looks only, so I always check out all my matches on LinkedIn before agreeing to date them. I can find out so many more details about them, from what school they went to, to what their hopes are for the next five years.'

However, while a growing number of women are happy to meet men through a professional site, many still think LinkedIn should only be used for career purposes. Charlotte Proudman, 27, was thrust into the

spotlight in September, when a senior male lawyer contacted her via LinkedIn, telling her she had a 'stunning picture'. Charlotte wrote back, explaining that she found the message offensive and then tweeted a picture of her exchange, which then went viral. Other women have also received unwanted attention from men on the professional networking site: 'I've been approached many times on it for dates,' says Margo Perkins, 25, a marketing manager for a software company. 'It's so inappropriate – if that's what you're looking for, go onto a dating site. It's degrading to my profession to think I would be interested in someone through that.'

Alongside inappropriate advances, matchmaker Caroline is also concerned that by using LinkedIn to find dates, you could be narrowing down your choices. 'If you're searching for someone on there, you are obviously looking for someone in a certain career,' she says. 'And I do advise people to be more open-minded – your job doesn't define you. Yes, it's important to find someone whose lifestyle is compatible with yours, but it's also really interesting to meet people who are completely different – and that could end up leading you to the love of your life.'

But for Alison Redmond, 28, an architect, dating someone in her field has always been the best way to meet partners. 'I don't date anyone from my office, but my work means I am often meeting men in the same industry, and I like that I know straight off I have something in common with them.'



## Blurred Lines

Barrister Charlotte Proudman (pictured above) received unwanted attention from a male solicitor on LinkedIn, and when she posted their exchange on Twitter, it went viral.

she says. 'When I first meet someone, I can bond over work I admire, but later down the line I know they will understand the long hours we work.' And, if like Alison, you do want to meet someone within your industry, Caroline says that networking events could be a better way to go about it. 'We're all trying so hard to meet someone online, rather than in real life, which is probably why the rise in LinkedIn dates is happening,' she says. 'If it comes naturally, then great, but otherwise, step into the real world and put yourself out there. There are so many interesting people you could network with, and with no pressure. But you never know, you might find you really "connect" with someone – and not through the click of a button!'

## LinkedIn Is A Good Way To Meet A Guy Who's As Ambitious As You'



Take Naomi's advice and give 'date-working' a go

**Naomi Lewis, 23, is a dating blogger from Glasgow. She writes at [Thenaominarrative.com](http://Thenaominarrative.com)**

'I get approached by men on LinkedIn a lot. I work in marketing and can usually tell the difference between someone wanting to connect with me for just business... and those who are after something else. The guys looking for dates tend to use cheeky comments or compliments to make their interest obvious. I've even had a few exes try and get back in touch with me, as they see it as a more 'casual' way of renewing contact – and their friends won't see it on their Facebook feed.'

However, I have had some awkward moments through it, including a time at my old job when I definitely shouldn't have mixed business with pleasure. I met up with a man who had messaged me through LinkedIn for Friday night drinks to

discuss a deal – and, as he was the prospective client, the drinks were on him.

The drunker I got, the bigger his business offer with discounts got. They also led me to kissing him... I awoke the next day instantly regretting it, so texted him to tell him how I felt.

When I came into work on the Monday, the deal we had closed on the night arrived in my inbox – without any of the discounts discussed! But although it didn't work out that time, it hasn't put me off.

I don't blame anyone who uses LinkedIn as a dating site. Career-minded people tend to be seeking those similar to them – you can't guarantee the person you meet using apps like Tinder will be as ambitious as you. For me, that's a dating deal-breaker.'



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WED 18 MAY NOTTINGHAM CAPITAL FM ARENA

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SAT 21 MAY MANCHESTER ARENA

SOLD OUT

SUN 22 MAY LIVERPOOL ECHO ARENA

TUE 24 MAY CARDIFF MOTORPOINT ARENA

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SAT 28 MAY LONDON THE O2

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FRI 03 JUNE  
MANCHESTER ARENA

SAT 04 JUNE  
BIRMINGHAM BARCLAYCARD ARENA

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#SchoolOfChristmas



# The Woman Teaching Us To Fight Back... *In Heels*

Stay safe during party season, even in stilettos.  
Self-defence expert Avital Zeisler shows us how

We wouldn't want to be on the other end of those

**P**icture the scene: it's dark outside, you're walking home after a party or work drinks. It feels early enough to walk alone, but you quicken your pace just in case, your heart beating out of your chest. You feel uneasy about your heels clattering down the street, and can't help but think you're being followed, or an easy target.

Unfortunately, this feeling is all too common for most of us. According to Stop Street Harassment, one in five females have been followed at least once. But one woman is hoping to put an end to these moments of fear by preparing us for any dangerous situation, all while wearing heels.

Avital Zeisler, 26, is a Canadian ballerina-turned-combat expert, who's trained actresses, including Amanda Seyfried. She's passionate about women's self-defence, and for good reason.

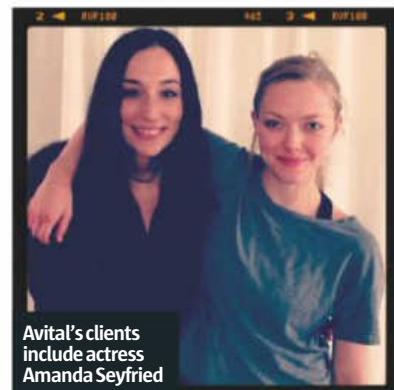
Avital was sexually assaulted when she was 19, which meant she experienced depression, but she turned to Krav Maga, a form of self-defence, as part of her recovery. Five years later, she created The Soteria

Method – Soteria is the Greek goddess for safety. As well as teaching self-defence techniques, it also focuses on fitness and empowerment for women who love wearing heels, whether at work or when socialising, rather than flats. The method is based upon Avital's belief that women shouldn't have to compromise their style choices in order to protect themselves.

'When I teach self-defence, I want to make sure it's authentic to women. The point of training in stilettos is that if you're wearing heels and targeted for an attack, you're equipped with a few survival strategies that could end up saving your life,' she says.

Powerful kicks (the result of which can be even more effective in heels), sharp elbows and hammering fists are just some of the moves she teaches in her class. 'The objective is to disrupt the attacker's thought process – even just to get him to blink,' she explains.

The most crucial part of Avital's teaching is that her manouevres are designed to be remembered, even in scary situations. 'The idea is to lock in muscle memory,' she says. Amanda Seyfried seconds this, saying: 'It's not



Avital's clients include actress Amanda Seyfried

“This survival strategy could save your life”

just about learning it, it's about getting it into your bones.'

Many of the women Avital teaches are getting over the trauma of an incident, while others are there to feel empowered and to protect themselves.

The fact that her routines double up

as body-sculpting workouts is a bonus.

Avital has also put her method into her book, *Weapons Of Fitness* (13.99, Avery), and videos on her website ([Soteriamethod.com](http://Soteriamethod.com)), so it can reach women who can't attend her classes.

While Avital's work is aimed at women, the message could prove to be vital to teenagers, too. Self-defence isn't currently compulsory in schools, although it has long been campaigned for here in the UK.

Ultimately, Avital's message is simple: 'Self-defence provides women with the ability to create, live and protect a life that you love.' Amen to that.

# Get Ready For Party Season!

Meet the festivities in style, with a little expert advice from our brilliant beauty gurus...



## Our Panel Of Experts



Emma White Turle  
Celebrity make-up artist  
with more than 20 years  
in the industry.



Dr Anita Sturnham  
GP and media doctor,  
who combines NHS,  
private and TV work.



Shona Vertue  
Former gymnast and  
dancer, now a personal  
trainer and yoga teacher.



Jenna Wellbeloved  
Superdrug's own  
brand senior product  
technologist.



Kate Murnane  
Blogger and vlogger  
(@DollyBowBow) with  
34,000 Twitter followers.



Kate Andrews  
Look's seriously creative  
in-house Fashion  
Stylist and expert.



Dr Emanuela  
Campalani  
Harley Street dermatologist  
who treats all skin conditions.



## 'On-The-Go Wipes & Eye Palette'

**Kate Andrews , Look's Fashion Stylist**



'As a full-time working mum, I don't always have time to do my make-up before leaving the house, so unfortunately you'll often find me doing it in the back of a cab! Lucky then that I always have a pack of **My Little Star Toddler Wipes, 99p**, on me – they're great for my little boy, but they're also perfect for correcting my



smoky eye. The **Studio London Day To Night Series, £4**, has been my go-to this month. Not only does it come with four complementary colours, but there's also a super-soft brush and built-in mirror, which means it's perfect for speedy on-the-go application and it fits neatly into your handbag. Party make-up, sorted!'



## 'All-In-One Make-Up Kit'

**Emma White Turle,  
celebrity make-up artist**

'Studio London The Bronzed Faced Series palette, £8, is for the bronzed goddess in all of us! There are five soft-blend eyeshadows, two bronzers, a highlighter, an eyeliner and lip gloss – so you get loads of make-up for your money. If you're nervous about using eyeshadows, the packaging has helpful tips as to how to apply each shade for the effect you want. The highlighter is a beautiful, soft pearl iridescent cream, and looks gorgeous in the inner corner of your eye. The eyeliner is a deep black, which, gently smudged into your lash line, will intensify your look for evening.'



## 'Glow-Giving Express Tan'

**Kate Murnane, blogger**

'I'm loving Solait Express Tan, £7.99 – the fast-drying formula means there's no hanging around waiting for it to dry – perfect for last-minute parties and nights out. Depending on how deep you want the colour, you can wash the tan off one to three hours after application, but it will continue to intensify for up to eight hours. My top tips would be to always exfoliate first and use the Solait Self Tan Applicator Mitt, £3.49, to achieve an all-over, even tan. I was really impressed with the golden glow it gave my skin, plus it fades gradually, so it's easy to top up without getting any annoying patches.'



**1** Superdrug Professional De-Tangler Comb Black & Pink, £3.49 **2** Studio London The Day To Night Series No 1, £4 **3** Lash Eyelashes Double Volume Edition #40, £5.19 **4** Superdrug Dry Shampoo Killer Volume, £1.99 **5** Superdrug Glitter Silver Spray, £2.99 **6** Superdrug Firm Hold Hairspray 300ml, £1.29 **7** Superdrug Blister Plasters Small £3.25 **8** Superdrug Rapid Pedi, £19.95 **9** Studio London Beauty Tool Set, £10

## Your Party Dilemmas Solved!

We put your beauty problems to those in the know



**Q** 'During the party season, my hair goes through a lot – straightening, curling, backcombing and it gets filled with hairspray! What's the best way to protect from damage?' **Lauren Mattera, 26**



**A** **Sam Freedman, Look's Beauty Editor, says:** 'No matter how stressed out your strands get, the one product that will always nurse them back to health is Superdrug Hair Therapy Oil With Macadamia, £3.99. It's a genius oil that can be used on both wet and dry hair when styling, to soothe and nourish dryness. If your locks are particularly damaged, use it as an overnight deep treatment. Comb through the lengths, go to bed and, come morning, the wonder oil will have repaired and strengthened weak strands – it's a miracle worker!'



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[Youtube.com/superdruggloves](https://www.youtube.com/superdruggloves)

that **Superdrug** **feeling** [superdrug.com](http://superdrug.com)

**hero hunters**



# High Street Hottest

Just in, your shopping fix of all the latest looks. Purses at the ready...



Jacket, £69  
Top (just seen), £52  
Skirt, £38  
Bag, £40  
all **Warehouse**

## Warehouse



Dress  
£85



Skirt  
£50



Shoes  
£55



Bag  
£36



Top  
£35



Dress  
£150



Blouse  
£38

In Store  
This Week!

# Zara



Dress, £39.99  
Socks, £7.99  
Boots, £69.99  
Hat, £29.99  
Necklace, £17.99  
Bag, £25.99  
all Zara



Jacket  
£79.99



Jacket  
£59.99



Dress  
£59.99



Dress  
£29.99



Trousers  
£25.99



Skirt  
£49.99

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Lottie  
Blazer  
£20



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In Store  
This Week!

# French Connection

Top, £65  
Skirt, £75  
Tights, £15  
Shoes, £85  
Bag, £75  
all French Connection



Dress  
£35



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# River Island

Coat, £100  
Shirt, £38  
Culottes (with belt), £38  
Shoes, £68  
Bag, £42  
all **River Island**



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# H&M



In Store  
This Week!

Boohoo.com



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new pieces every day at  
[Look.co.uk/thefashiondrop](http://Look.co.uk/thefashiondrop)

Dress (worn as a top), £29.99  
Skirt, £39.99  
Shoes, £24.99  
Necklace, £14.99  
all **H&M**



THE FASHION DROP  
**Love Boohoo.com?**  
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new pieces every day at  
[Look.co.uk/thefashiondrop](http://Look.co.uk/thefashiondrop)



# ASOS



Jumpsuit  
£75



Sweater  
£35



Trousers  
£60

Dress, £150  
Earrings, £4  
Necklace, £18  
Ring, £10  
Bangle, £8  
all ASOS



Dress  
£185



Sweater  
£32



Shoes  
£32

Necklace  
£16

## THE FASHION DROP

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In Store  
This Week!

# Topshop

Sweater, £60  
Shirt, £65  
Trousers, £35  
Shoes, £28  
Bag, £25  
all **Topshop**



# THE EDIT

## Perfect Desk To Dancefloor Flats

Because December is wall-to-wall parties (and even VB wears flats sometimes)



H&M  
£29.99



River Island  
£30

### We Love...

'Snakeskin is my must-have print for the season and these python-print pumps are officially top of my shopping list for this week!' **Sarah**



Topshop  
£28



ASOS  
£50



House of Fraser  
£35



Ted Baker at  
Very.co.uk  
£55



ASOS  
£22



Mango  
£34.99



**We Love...** 'I'm a massive flattie fan. These bronze beauts from ASOS are a no-effort way to dress up a basic jumpsuit for the office – or a night out.' **Chloe**



ASOS  
£30



Clarks  
£120



Russell &  
Bromley  
£215



Miista  
at Very  
Exclusive  
£150



Zara  
£29.99



Hobbs  
£110



Moda In Pelle  
£99.95



Accessorize  
£49



Carvela  
£95



Kurt  
Geiger  
£110



Office  
£70



ASOS  
£35



Russell &  
Bromley  
£225



Carvela  
£99

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Samantha

Samantha Freedman  
Beauty Editor

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# Celebs Wear High St Too!

That's OK, ladies – we're more than happy to share the high-street love



## Millie's Jacket

With its luxe velvet finish and fluted sleeves, Millie's navy peplum jacket is on the money. Here, she's gone all-out sexy with leather trousers, but a pair of flares will give the look a cool, retro vibe.



Millie Mackintosh  
£85

## Styling Tips

- 1 Team with a white shirt for a flawless office look.
- 2 A pencil skirt will highlight the flared hem of the jacket.
- 3 Enhance the luxe factor of the fabric by adding some bold, gold jewellery.



## Steph's Dress

Brocade is back with a bang for winter, and chunky 70s platforms instantly make the timeless fabric feel fresh. More is more when it comes to glitz this party season, so add an embellished clutch bag.



AX Paris  
£40



Sister Jane  
£48

## Rosie's Shirt

We're all aboard the Victoriana trend this season, but Rosie's powder-blue bibbed blouse gives the look a modern spin. Try it with skinny leather trousers and pointed flats for a directional day look.



Rosie Fortescue



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It's Christmas\*

# Our Amazing GIFT GUIDE



*Forget stomping the high street or endless hours online - we've sorted out your Christmas panic, leaving you more time to treat yourself. Result!* ➤

**PERSONALISE IT**  
Necklace, £158, [Biancajones.co.uk](http://Biancajones.co.uk)

Earrings,  
£15, Aldo

Shoes, £169,  
**Pretty Loafers**



Watch, £79, Caravelle  
[New York at Watchshop.com](http://NewYorkatWatchshop.com)

Joy's magical maxi  
+ Topshop's arm  
candy + Boden's  
bronze heels  
= *the most  
showstopping  
Christmas party  
combo ever*

Dress, £120, Joy  
Shoes, £139, Boden  
Bag, £15, Topshop

Dreamy dresses, killer heels,  
beautiful jewels and luxe lingerie  
—because savvy stylists have  
seriously high wardrobe  
standards, don't  
you know?

Shoes, £400,  
**J Crew at Net-a-porter.com**

Rings, £99 (for set), Swarovski



iPhone case, £55, [Moschino at Net-a-porter.com](http://Moschino at Net-a-porter.com)



## Fashionista Fixes



More over the page ➔

[LOOK.co.uk](http://LOOK.co.uk) 75

## PERSONALISE IT

Make-up bag,  
£16, [TillyAnna at  
Notonthehigh  
street.com](#)

Mavala  
Magic  
Snow  
Bauble, £5

Laura Mercier Glam To Go Cheek, Eye & Lip Travel Case, £25

Charlotte Tilbury Mini  
Lipstick Charms, £29

GHD V Gold Classic Styler, £130

## Beauty Addicts

Pretty nail polish baubles,  
snow-globe scents and lipstick  
trinkets – you don't need to be  
a beauty queen to have these  
gorgeous gifts on top of  
your wish list

Soap & Glory Eyes Box, £18



YSL Touche Eclat  
Collector Kiss & Love  
Edition, £25

Bobbi Brown  
Mini Brush  
Set, £59

Clarins  
Christmas  
crackers,  
£49 (for six)





Urban Decay Heavy Metal Glitter Eyeliners, £14 each

Diptyque Holiday Collection Sapin Scented Candle, Limited Edition, £48 each



Hairbands, £30,  
Marc By Marc Jacobs



Juicy Couture  
Juicy Macaroon Solid Perfume Gift Set, £28



Caudalie Beauty Elixir, £11.50, Escentual.com



Dior Diorific State of Gold Illuminating Pressed Powder, £50

Lipstick holder, £14,  
Anthropologie



Elizabeth Arden Silver Svarovski Limited Edition, £20

Bow tie, £45,  
Peckham Rye  
at John Lewis



Rucksack, £45.99, Mango

Jumper, £85, Reiss

Belt, £95,  
Aspinal of  
London

Fountain pen set, £65, Kaweco at Jigsaw

Charging  
dock, £45,  
Sebastian  
Conran  
at John  
Lewis

Cushion, £25, Nationalmediamuseum.org.uk



100 Questions game, £20, Selfridges



Bike repair kit, £19.95, Ted Baker



Scarf, £29.90, Uniqlo



Watch, £111, Swatch

Haig Club Whisky  
Limited Edition,  
£55, Harvey  
Nichols



Wooden headphones, £145.32,  
Woodnails.etsy.com



Speaker, £149, Marshall



Grown Alchemist Facial Kit, £34



Planter, £25,  
**Urban Outfitters**



5,  
fitters

Cushion, £95, libertyLondon at John Lewis



**PERSONALISE IT**  
Print, £22,  
**Mlekodesigns.**  
[etsy.com](http://etsy.com)



Glass, £6.99,  
**New Look**



Bottle stopper, £3.99, H&M



Platter, £94, *Missoni* at Amara.com

# Super-Chic Homegirls

If they lust over lamps and spend every waking moment on Pinterest, then this is where you'll find their picture-perfect pressie



Copper cutlery set, £99, **Very**



Bauble, £16.95,  
**Liberty London**



Whisky set,  
£100, **House  
of Fraser**



Vase, £55, Joy



Herb pots with tray, £44.95, **Orla Kiely at John Lewis**



Cheeseboard, £55, **House of Fraser**



Paperweight, £14,  
**[Westelm.co.uk](http://Westelm.co.uk)**



At Home Fit Kit, £25,  
Nike at John Lewis



## #Fitspo Inspo

Thanks to these sporty superstars, they'll be all over #traintuesday, #workoutwednesday and #flexfriday in no time...

Grip yoga socks, £7.99,  
John Lewis



Mi-Pac backpack,  
£22, JD Sports



Sporty separates to have them turning the treadmill into a catwalk

Jacket, £65,  
Crop top, £15,  
Leggings, £40,  
all Adidas Stella Sport  
Trainers, £90, Nike  
Bag, £69.99, Mi-Pac x Liberty





Leggings, £19.99, H&M



## GYM

## MEMBERSHIP

Whether they love yoga or HIIT, fitness gurus can work out at a list of different gyms and classes nationwide and do something different every week

Unlimited gym membership, £59 per month, [Payasugym.com](http://Payasugym.com)

# GOOD THINGS COME TO THOSE WHO HINT

Master the art of hinting and get glossy locks for life, not just for Christmas

**N**ow ladies, if you want to be surprised on Christmas morning, you're going to have to do better than leaving your favourite mag open with your desired gift in it. If gorgeous hair is top of your list this year, point your loved ones in the direction of ghd, where you'll find all the tools you need to help you get what you really want. So, start dropping those hints and enjoy a good hair day this Christmas.



## #hintghd

### I want... sultry Hollywood waves

If you can't be glam at Christmas time, when can you? The ghd Arctic Gold Curve Classic Wave Wand, £120, contains tri-zone technology to deliver even heat and fight frizz.



## #hintghd

### I want... a salon-worthy blow-dry at home

With endless parties to attend, you're going to need a multitude of hairstyles. From mega volume to romantic curls, the ghd Arctic Gold Deluxe Dry & Style Gift Set, £195, does it all.



## #hintghd

### I want... sleek and shiny hair

Polish off any Christmas look with glossy hair. Run the ghd Arctic Gold Platinum Styler, £165, through your locks and you're good to go.

**ghd**

good hair day, every day

Available in the finest salons, premium retail stores and [ghdhair.com/hintghd](http://ghdhair.com/hintghd)

## Star Bakers

From spiralised to personalised, masterchefs are in for some super-sweet treats on Christmas Day. They'd better bake you something to say thanks, eh?



KitchenAid mixer, £429, Lakeland



Spiraliser, £29.95, Hemsley+Hemsley at Amazon.co.uk



**PERSONALISE IT**  
Mug, £14.75, Notonthehighstreet.com

Karaoke kit, £50, Luckyvoice.com



The Wreath Box, £42, Hotel Chocolat



Christmas Pudding gin, £43.99, Selfridges



Popcorn maker, £34.99, Prezzybox.com



NOPI: The Cookbook  
by Yotam Ottolenghi, £28, Ebury Press



PIERRE COULON/PHOTOGRAPH BY ALMIRIC BULLER

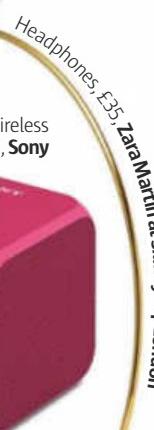
**PERSONALISE IT**



CD, £18.95, Handpicked collection.com



Samsung Galaxy Tab, £199.99, Currys



Headphones, £35, Zara Martin at Skinny Dip London



## Gadget Goddesses

Karaoke machines, Insta-ready photo frames and all that's in between, this tech is bound to get all those 'likes' flooding in!

Camera, £89, Lomography.com

Instacube, £149.99, Firebox





Helmet, £29.95,  
MicroScooters



Shirt, £18, Monsoon Kids

Jellybeans, £8.95,  
Warner Bros  
Studio Shop



Booties, £25.99,  
Toms



Blogger tech bundle, £35, The Selfy Store at Topshop



£29.99, H&M



Ride-on rocket, £95, The Little White Company



Night light, £29.95,  
Handpickedcollection.com



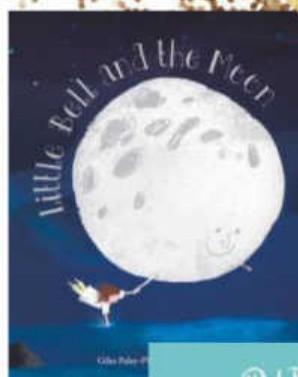
Shower gel,  
£4.50, Marks &  
Spencer

## Kids' Club

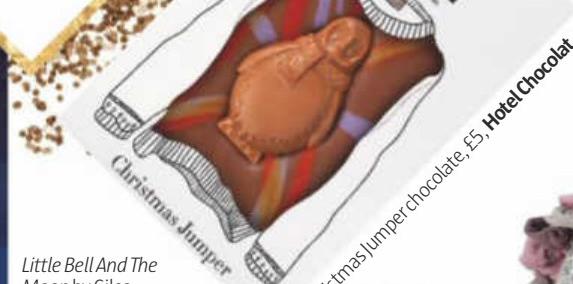
From little racers to tweens, we know exactly what they want to find under the tree. In fact these gifts are so good, you might want to keep a few for yourself.



Record player, £29.99,  
Fisher Price at Rowdy  
Roddy Vintage



*Little Bell And The Moon* by Giles Paley Phillips and Iris Deppen, £10.99, Fat Fox



Christmas Jumper chocolate, £5, Hotel Chocolat



Rocking  
horse, £130,  
Mamas  
& Papas



T-shirts, £40  
(for set),  
Living  
inlalaland.  
co.uk



*Grrrr!* by Rob Biddulph, £12.99,  
Harper Collins Children's Books



**See More Online**  
Want even more clever gift ideas?  
Find them at [Look.co.uk/xmasgifts](http://Look.co.uk/xmasgifts)



**30% OFF**

# Party Style At Little Mistress

Bag yourself a showstopping outfit for less with our fantastic offer

Dress, £75,  
Little Mistress  
by Look

Save even more on Black Friday (27 November 2015)

LITTLE MISTRESS BY  
**LOOK**  
MAGAZINE

We've teamed up with Little Mistress to help solve your party-season wardrobe dilemmas! Save 30 per cent when you shop selected partywear at Little-mistress.com until 30 November 2015. Best of all, the discount includes the new Little Mistress by *Look* collection.

Sparkle and shine in showstopping designs, each one detailed and embellished to perfection. From intricate beading to delicate lace, and with 30 per cent off for a limited time only, there's no better time to invest in a statement piece that'll ensure you stand out from the crowd.



Shop the collection and more now at [Little-mistress.com](http://Little-mistress.com)

## Perfect Pressies

Whoever you're buying for, OUTFIT is the place to snap up gorgeous gifts from your favourite high-street brands – so it couldn't be easier to treat your loved ones to something special. Whether it's show-stopping jewellery, fun pyjamas or luxurious accessories you're after, your Christmas shopping just got a whole lot easier!



Skinny Dip  
£14



St Moriz  
fake tan  
£8

**Click & Collect**  
From Selected Brands

Freedom at  
Topshop  
£8.50



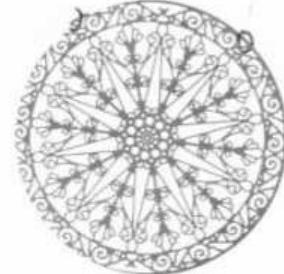
Topman  
£28



Burton  
£20



Dorothy  
Perkins  
£18



# Destination

OUTFIT is about to become your one-stop shop for gifts for all and partywear under one roof



Baylis & Harding  
£30



Dorothy Perkins  
£18



Warehouse  
£45



Topshop  
£6.50



Miss  
Selfridge  
£39



Miss Selfridge  
£55



Wallis  
£32



Dorothy Perkins  
£18



Dorothy Perkins  
£24



Topshop  
£20



Dorothy Perkins  
£18



Evans  
£35



Topshop  
£10



Topshop  
£6.50



Dorothy Perkins  
£35

# Christmas!

for the festive season, with amazing  
from your favourite high street brands

## Pep Up Your Partywear

You have to treat yourself too, right? Well, OUTFIT's collection of partywear is just the ticket to see you through all those Christmas shindigs in style. You'll find everything from the ultimate LBD to super-chic finishing touches, helping to ensure you're ready to rock the sparkly season.



Oasis  
£30



Miss Selfridge  
£29



Dorothy Perkins  
£35



Topshop  
£68



Topshop  
£52

**WIN**  
Your Own  
7 Days Of  
Christmas



**How To Enter**  
*Look* will be posting an outfit each day for one week on Twitter and Instagram. For your chance to win it, follow @outfitfashionuk and retweet or regram the photo using #Outfit7Days #XmasOutfit



# OUTFIT

# The Only Faux-Fur Buys



## Wow Jacket

The faux-fur coat has been given a new novelty look this winter with colourful stripes and patchwork galore. Combine yours with patent leather pieces, denim or chunky knits for a cool texture clash.



## Statement Sweatshirt

Thanks to this fuzzy textured jumper, it now couldn't be easier to inject a bit of furry fun into your workwear wardrobe. Just team it with tailored separates like wool culottes or tapered trousers for a smart spin.

# You Need!

Fuzzy pom-poms, fluffy bags or funky faux fur – it's all happening on the high street this winter



## Chic Cover-Up

If you want to look stylish while staying snug this season, look no further than a shearling or furry-lined cover-up. To add an extra cosy-cool factor, pair with a woolly skirt or cashmere leggings.



## Boho Gilet

As long as you have a furry gilet in your wardrobe, you can have 70s boho chic nailed in no time. Why not team it with a felt fedora hat and knee-high boots to complete the look?

The image shows a woman with curly hair, smiling, wearing an orange dress and a beige coat, standing next to a brick wall. To her right are various fashion items: three different styles of beige coats, three orange dresses, and three pairs of black boots. Below these items is a smartphone displaying the Snap Fashion app interface.

CHOOSE A COLOUR

MATCH IT

CLASH IT

MIX IT UP

BE BOLD

Download on the  
App Store

## Shop fashion in a Snap

Have to have it? Snap the look you love and we'll find you similar items in seconds. Match it, clash it, mix it up or be bold. With Snap Fashion, you're sure to find what you're looking for. And the bag to go with it too.

**SNAP** FASHION



## Pom-Pom Parade

One of the simplest ways to tap into the faux-fur trend is with pom-poms, which can be found on pretty much everything from shoes to bags. If you're not up for investing, just add a pom-pom shoe clip to some heels.



If you don't fancy wearing a full-on faux-fur coat, go for items with fluffy trims or panelling for a subtler way to work the trend. Wear with a hero print, such as dogtooth checks or winter florals for yet another AW15 trend tick.

# LOOK High-Street Catwalk



## Cool Clutch

After spotting them at Fendi and Moschino's AW15 shows, fluffy clutches are at the top of our winter wish lists. They're the perfect accessory to a Christmas party ensemble, particularly when teamed with statement shoes.





ORIGINAL BACKPACKS  
& BAGS

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ASOS.COM  
ROUTEONE.CO.UK  
SCHUH.CO.UK



Nail the look with  
Shock Wave and Pink Tank  
[uk.sallyhansen.com](http://uk.sallyhansen.com)

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# OMGel!<sup>TM</sup>

GEL WITHOUT THE LIGHT!

NEW MIRACLE GEL<sup>TM</sup>

2 Steps • Up to 14 Days of Colour and Shine • Easy Removal  
The next best thing to a salon gel mani!

Sally Hansen<sup>®</sup>

Pretty Piggy

B Girl

Shock Wave

Birthday Suit

Street Flair

Pink Cadillaquer

Tidal Wave

Red Eye

Wine Stock

Game of Chromes

Pink Tank

## Meet The Team



Samantha  
Freedman  
Beauty  
Editor



Victoria  
Jowett  
Beauty  
Writer



Gabrielle  
Dyer  
Beauty  
Assistant

# We LOVE!

BEAUTY APPROVED

Meet the hero buys hot on the beauty team's radar this week



Pixi Glow  
Tonic  
£18

## Super Skin Saviour

Do believe the hype about **Pixi Glow Tonic, £18** – the answer to all skin stresses. I'm blessed with combination skin, so an umbrella product like this is a must-have for me. The gentle exfoliating toner mops up oily patches and unclogs pores without drying out other areas. The science behind the glow? Glycolic acid, which breaks the bonds that keep dead skin cells on the surface. Sweep over your face morning and evening after cleansing for a radiant complexion within a week.

**Gabrielle**



Sleek Makeup  
Solstice  
Highlighting  
Palette  
£9.99

## Multi-Toned Highlighting

I'm always on the hunt for a new glow booster, but my search is officially over now I've found Sleek Makeup Solstice Highlighting Palette. Featuring two pigment-packed powders in copper and pink, a creamy champagne shimmer and a finely milled light-enhancing powder, this one's a game-changer.

**Victoria**



### Arch Enhancer

Sweep the creamy highlighter along your brow bone to give your arches a little lift.



### Cheeky Glow

The subtle cream-coloured powder gives cheekbones a soft, candlelit sheen in one swipe.



### Eye Opener

Blend a touch of the shimmery pink into the inner corners of your eyes for total illumination.



### Power Pout

Apply the frosted copper hue over your cupid's bow and in the centre of your lips to plump.

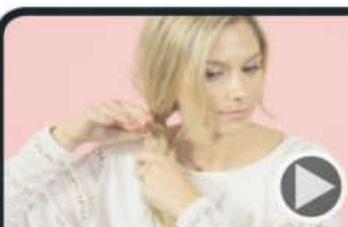


Soigné Nail  
Care Tool Kit  
£26

## Gold-Standard Mani Kit

I spotted this gorgeous, gilded manicure set backstage at the Emilia Wickstead AW15 show, and now that it's finally available, I had to get my hands on one. With everything you need to perfect your talons, this six-piece set makes a perfect gift for beauty junkies. Or, if you're nail-obsessed like me, a treat for yourself.

**Samantha**



## Watch Sam's How-To Video On Your Mobile!

Get a messy updo in under 60 seconds with our tutorial. Head to [Look.co.uk/fnh-messyupdo](http://Look.co.uk/fnh-messyupdo)



# PARTY ALL NIGHT MAKE-UP



Give your face a total disco makeover – all you need is one of the most talked about Urban Decay palettes of the season

PHOTOGRAPHY: JAMES LUCAS WORDS & STYLING: SAMANTHA FREEDMAN

Urban Decay  
Gwen Stefani  
Palette (shade  
Danger)  
£40

Avon Glow  
Bronzing Powder  
£10



W7 Tinted  
Kiss  
Nourishing  
Lip Oil in  
Cherry  
Brandy  
£4.95

## INDIGO FELINE FLICK

Sometimes black isn't always best. Try something quirkier, like a navy liner, and concentrate on the exaggerated flick effect, as seen at Chanel. To get the shape perfect, use masking tape to map out exactly where you want to apply the product. Layer on two or three coats of the sparkling navy shade (Danger) in the **Urban Decay Gwen Stefani Palette**, £40, and make sure your flick kicks up towards your brow. Keep the rest of your make-up polished with a shimmery bronzer – we used **Avon Glow Bronzing Powder**, £10, and **W7 Tinted Kiss Nourishing Lip Oil in Cherry Brandy**, £4.95.



# G H T P

Urban Decay  
Gwen Stefani  
Palette  
(shade 1987)  
£40

Urban Decay  
Naked Skin  
Weightless Ultra  
Definition Liquid  
Makeup  
£27

Bourjois Rouge  
Edition Velvet  
in Fu(n)chsia  
£8.99

Freedom Pro  
Studio Strobe  
Cream  
£8

## GLITTER BALL GOLD

A golden eye, which we spotted at Zac Posen, screams disco diva. Use the gold pigment (1987) in Gwen's palette and exaggerate the colour with thick black liner, using **Lord & Berry Perfecto Eyeliner**, £14. Pair with flawless skin – we used **Urban Decay Naked Skin Weightless Ultra Definition Liquid Makeup**, £27, and **Freedom Pro Studio Strobe Cream**, £8, on the cheeks. Then, finish with a crimson lippie, like **Bourjois Rouge Edition Velvet in Fu(n)chsia**, £8.99.

Lord & Berry  
Perfecto  
Eyeliner  
£14





#### New Pearl Drops Lasting Flawless White Toothpolish.

Scientifically formulated with our patented Mineral Complex, it's clinically proven to remove 100% more surface stains. Our whitening specialists have been transforming smiles for over 40 years, so trust Pearl Drops to deliver a brighter, whiter, more beautiful smile.

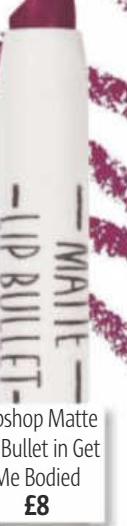


**Whitening.  
It's all we do.**

Urban Decay  
Perversion  
Mascara  
£17.50



Urban Decay  
Gwen Stefani  
Palette  
(shade Pop)  
£40



Topshop Matte  
Lip Bullet in Get  
Me Bodied  
£8

## PINK CHAMPAGNE SHIMMER

Blackberry lip shades were all over the catwalks at Giles, Ashley Williams and Julien Macdonald, but how can you make them a bit more wearable? With a pink-toned eye, of course. Blend two shades from the palette – the peachy pastel (Pop) with the Barbie pink (Harajuku) to create the perfect rosé champagne shimmer. Then, apply **Topshop Matte Lip Bullet in Get Me Bodied, £8**, and a few layers of **Urban Decay Perversion Mascara, £17.50**.

e.l.f.  
Essential Eye  
Widener  
£2

Urban Decay  
Gwen Stefani  
Palette  
(shade  
Blackout)  
£40

Urban Decay  
Gwen Stefani  
Palette  
(shade Blonde)  
£40

DOUBLE EGO

Pür  
Cosmetics  
Double  
Ego Dual  
Ended  
Eyeliner  
in Milan  
£14

Bobbi Brown  
Dual-Ended  
Eye Liner/  
Smokey Eye  
Liner Brush  
£31

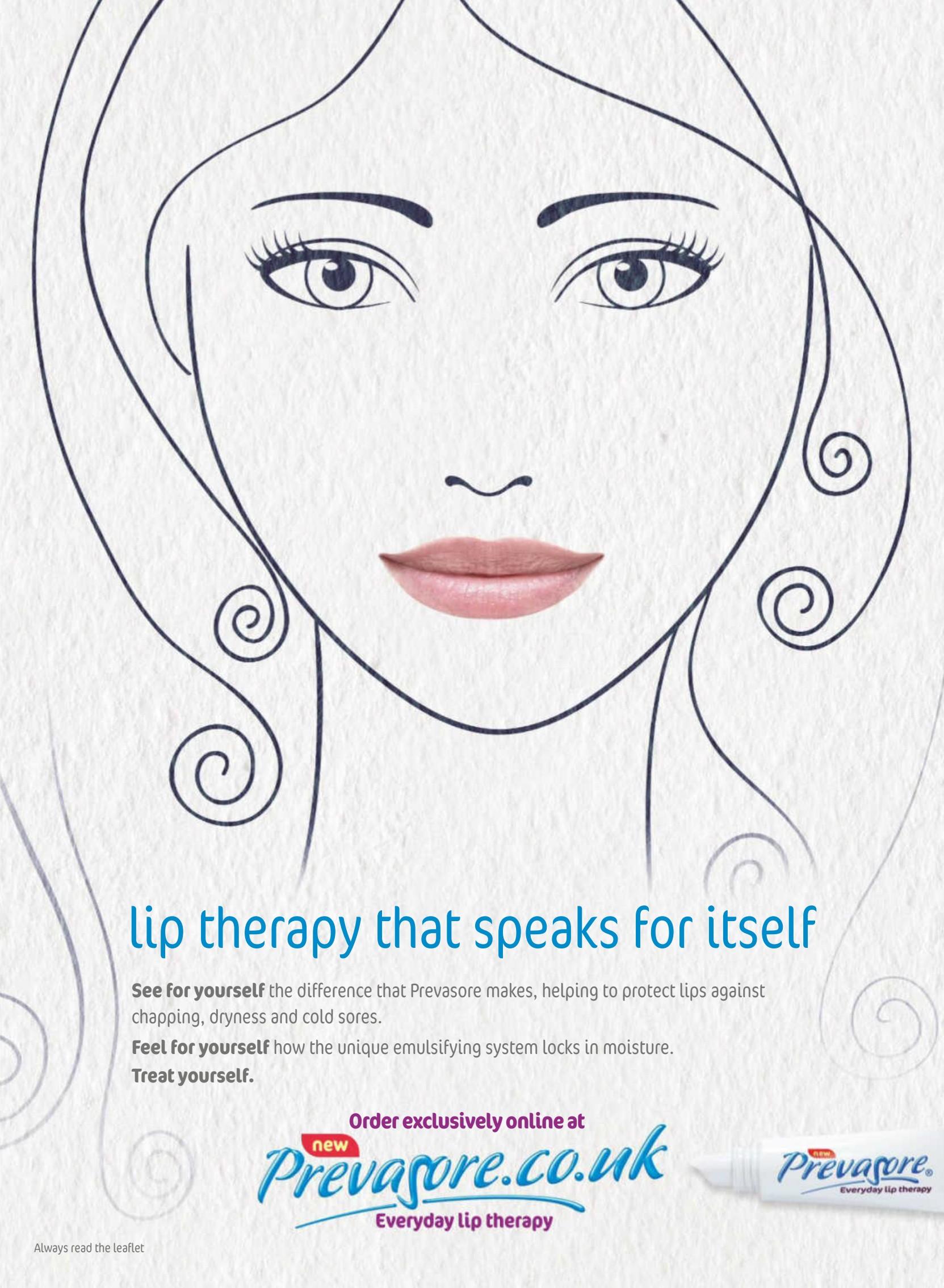


Urban Decay  
Eyeshadow  
Primer Potion  
£16

## 60s LINER TWIST

Meet the new update on the 60s doe-eyed flick. At Daks, models were given two flicks instead of one, extending both the lower and upper lines out towards the end of the brow. To make the black stand out, neutralise the lid first with **Urban Decay Eyeshadow Primer Potion, £16**, followed by the Blonde shadow from the palette. To get liner that lasts, use the kohl end of **Pür Cosmetics Double Ego Dual Ended Eyeliner in Milan, £14**, all along the upper lashline, and halfway along the lower lashline – this makes eyes look bigger. Then, lightly pat the Blackout shade from the palette over the top of the liner, using **Bobbi Brown Dual-Ended Eye Liner/Smokey Eye Liner Brush, £31**. Complete the look by applying **e.l.f Essential Eye Widener, £2**, to the inner rims of your eyes to brighten them.

HAIR: FABIO NOGUERA/AFRAK AGENCY USING SACCHARIN MAKEUP; BETH OWENS USING URBAN DECAY MODEL: MARGOT AM-P CLOTHES: (FIRST PAGE) TOPSHOP; CLOTHES: (FIRST PAGE) TOPSHOP; EARRINGS: MODEL OWN; RED DRESS: LAVISH ALICE; EARRINGS: ROCK N ROSE (PREVIOUS PAGE) PLAYLIST; TOPSHOP (THIS PAGE) DRESS: ASOS FOR STOCKISTS, GO TO LOOKCLOUK/STOCKISTS



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Treat yourself.

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**Prevasore®**  
Everyday lip therapy



# Your Perfect Party Hair... **SORTED!**

If there's one thing you need this season, it's VO5's brand-new Shape My Style Creation Hairsprays. Get ready for your best-looking locks yet!

In Association With



UK'S NO.1  
STYLING BRAND<sup>®</sup>



Ladies, listen up! We know that Christmas party season is upon us, and getting your hair to stay glam, gorgeous and look hot all night can be a mission. But what if we told you we had a solution that could solve all your hair dilemmas? You'd want to know more, right? Well, VO5 has let us into a little secret – and it's called Creation Hairspray. It comes in three different formulas – one to keep your hair smooth and sleek, another to enhance curls and waves, and one that creates mega volume. So, whatever party girl look you're going for this season, your hair needn't fall flat!

Turn for more ➔



VO5 Shape My Style Voluptuous Waves Creation Hairspray £3.99



Toni & Guy Salon Professional Glamour Jumbo Tong £24.99

Hair Tools  
Section Clips  
£5.70 for 36

## Disco-Queen Curls

Whether you've got short or long hair, naturally curly or tonged, VO5's Shape My Style Voluptuous Waves Creation Hairspray will help you create waves and hold them in place



### 3 Steps To... Decadent Curls

**1** The first step to seriously glamorous waves is healthy-looking, textured hair. Start by spritzing VO5 Give Me Texture Rough & Sexy Sea Salt Spray all over towel-dried hair for natural, beachy movement.

**2** Once hair is dry, spray VO5 Shape My Style Voluptuous Waves Creation Hairspray through the lengths of the hair and tong two-inch sections using the Toni & Guy Glamour Jumbo Tong. Pin each curl in place using sectioning clips.

**3** Once your hair is completely cool, remove the clips and gently run your fingers through your hair, before finishing off with VO5 Shape My Style Voluptuous Waves Creation Hairspray.

## Glamour-Girl Volume

Everyone wants bigger hair, right? VO5 Shape My Style Dramatic Volume Creation

Hairspray is no ordinary hairspray – spritz it all over for extra volume or target the roots and backcomb for a 60s-style look

### 3 Steps To... Dramatic Volume

**1** To achieve long-lasting volume and bounce, start off by working VO5 Plump It Up Weightless Mousse throughout hair before blow-drying.

**2** Spritz the hair with VO5 Shape My Style Dramatic Volume Creation Hairspray, before wrapping two-inch sections around velcro rollers.

**3** Once hair is cool, remove rollers and rough up the roots. Pin into a chignon and lock in place with VO5 Shape My Style Dramatic Volume Creation Hairspray.



Turn for more →

## Sexy-Sleek Siren

Give your ponytail a sophisticated edge by slicking your hair back with VO5 Shape My Style Sublime Sleek Creation Hairspray. You can dance the night away and not have to worry about pesky flyaways

## 3 Steps To... Sublime Sleek

**1** For an ultra-sleek, frizz-free pony, protect hair with VO5 Nourish My Shine Bedazzling Oil Heat Protector, before blow-drying with the Toni & Guy Compact Hair Dryer.

**2** Spray VO5 Shape My Style Sublime Sleek Creation Hairspray through the hair, then straighten it with the Toni & Guy Limited Edition Fluid Metal Styler, £46.50.

**3** Pull hair into a low pony and, using a flat brush, smooth hair into place. Tame flyaways and hold your style with VO5 Shape My Style Sublime Sleek Creation Hairspray.

VO5 Nourish My Shine Bedazzling Oil Heat Protector  
£3.99



Toni & Guy Limited Edition Fluid Metal Styler  
£46.50



VO5 Shape My Style Sublime Sleek Creation Hairspray  
£3.99



# Head-To-Toe Styling

Now that you've got your hair looking glam, just add these wardrobe party staples...



Prettylittle  
thing.com  
£20



Oliver  
Bonas  
£12



Primark  
£5



Glamorous.  
com  
£24



## Disco-Queen Curls

Wear your waves with a look-at-me colour, like red, to get heads turning. Pair with a touch of fringing to match your tousled locks.



Oliver  
Bonas  
£45

Next  
£35

Simplybe.  
co.uk  
£28

Dune  
£99



Diva at Miss  
Selfridge  
£12.50

Primark  
£14

Next  
£25



Cuckooland.  
com  
£59.99

Dune  
£75



## Glamour-Girl Volume

If you're opting for volume choose a high-neck top to avoid looking OTT. A bit of sparkle looks amazing with a fluffy clutch and jewels.



## Sexy-Sleek Siren

Play with textures when you're working a sleek hair look. Leather is a must! And offset the shine in your hair with a pop of gold.

**WIN A New Year's Eve club night out.**  
Go to [Look.co.uk/vo5comp](http://Look.co.uk/vo5comp) to find out more.

● Available at Superdrug stores nationwide



UK'S NO.1  
STYLING BRAND\*

LOOK Competition

# Win A Luxury Weekend Away For Two With Sure



You and a friend could live the high life in London, thanks to Sure

We've teamed up with leading antiperspirant brand Sure to give one lucky reader and a friend the chance to win a Black + White weekend.

You'll stay at the trendy Sanderson hotel in London, sipping cocktails in its white bar (the Long Bar), before delving into the night to 'dine in the dark' at the famous Dans Le Noir restaurant in Clerkenwell.

The weekend wouldn't be complete without a new Black + White outfit, so enjoy a £250 splurge on Regent Street to ensure you're looking your best.

We'll also throw in a year's supply of Sure Compressed Black + White with complete confidence that you'll stay

fresh, dry and protected. With 48-hour protection, it won't let you down when it comes to keeping perspiration at bay. Plus, it'll ensure your blacks remain black and your whites stay white, so it's only your personality that'll leave a mark.

## The Prize Includes

- One night in a double room at the Sanderson hotel, London.
- A cocktail each at the Long Bar.
- Dinner for two at Dans Le Noir. Dine in the dark from the white menu, a surprise menu arranged by the chef.
- Vouchers worth £250 to spend on Regent Street.
- Return travel allowance to London up to £150.



**TERMS AND CONDITIONS:** One winner will receive one night in a double room at the Sanderson hotel in London, a cocktail (for the winner and a friend) at the Long Bar, dinner for two at Dans Le Noir (choosing from the white menu), plus vouchers worth £250 to spend on Regent Street and return travel allowance to London up to £150. All experience locations, bookings, travel (including flights), events, activities, hotels and any other goods and services are subject to availability at the time of booking. All bookings must be redeemed within six months of the competition closing. The prize is non-transferable. Winners must be aged over 18. For full terms and conditions, please see [Facebook.com/SureUK](http://Facebook.com/SureUK).



Take a load off after all that shopping at the swanky Sanderson hotel

For your chance to win, just tell us:  
Which department store is located on Regent Street?  
(a) Selfridges (b) Liberty  
(c) Harrods



To enter, call our hotline\* on  
**0905 230 3202**

\*Calls cost £1 per minute, plus your telephone company's network access charge. Calls last approx 2 mins.

## Enter online for free

Simply visit [Look.co.uk/competitions](http://Look.co.uk/competitions) to enter this competition for free.

## Or text... LOOK C

followed by a space, your answer and your full name, house number, postcode and email address to  
**85088** (UK). For example, text:  
LOOK C (answer) CHLOE JONES 14  
NN11L chloejones@example.co.uk.  
(Max. 160 character limit.) Texts cost £1 per text plus usual operator costs.

\*Lines are open from 24 November 2015 until midnight on 8 December 2015. Please ensure you provide your full name and address details as incomplete entries may be charged but not entered. Entrants must be over 18. When you enter by text, you may in future get sms marketing messages from Time Inc. (UK) Ltd and Look magazine, if you don't want to please end your text with NO INFO. SP: Spoke Ltd 0333 202 3390. For normal Time Inc. (UK) Ltd competition rules, see [Comps.look.co.uk/rules](http://Comps.look.co.uk/rules).

# Long-Lasting Glitter Polishes

Up your glam factor by coating your nails in coloured confetti for the party season...

## Join our panel

Every week, *Look* tests must-haves so you can buy the best – it's like beauty bootcamp. We need readers to help us! If you want to be in *Look*, email Sam your name, age, where you're from, your beauty dilemma and a recent snapshot to [testfactor@timeinc.com](mailto:testfactor@timeinc.com).



### 1 Sally Hansen

Miracle Gel Christmas Duo Ruby Shimmer

★★★★★

**Look's Sam:** This might seem pricey, but you get a super-glossy gel topcoat included in this festive red duo. My nails stayed gorgeously glittery and red for two weeks.

**Sophie:** I love that this came with a gel topcoat. After applying, my nails looked as shiny as they do when I get them done at the salon, without the UV lamp! They lasted for a whole fortnight, too.

### 2 Rimmel London

Love Glitter Nail Polish

★★★★★

**Look's Sam:** I applied this over white polish for a sparkly update on my favourite winter mani. It takes a few coats to build up colour, but it's so long lasting.

**Sophie:** The formula wasn't as good as some of the others, but it dried quickly, and the glitter pieces really made my mani pop. Plus, it didn't break the bank.

### 3 Essie

Luxeffects Rock At The Top

★★★★★

**Look's Sam:** This super-luxe Essie shade is the perfect polish to spruce up your nails this Christmas. Apply to the tips for 'dipped in gold' fingers that'll steal the show and last for days.

**Sophie:** I'm not normally one to wear glitter, but I applied this over my fave nude polish and it took my nails from plain to princess! They also stayed perfect for over a week.

### 4 Ciaté

Paint Pot in London Baby

★★★★★

**Look's Sam:** If you're not one to stray from a dark mani, this is the perfect update on black. The fine glitter was just enough to catch the light without looking OTT.

**Sophie:** The glitter was more subtle in this nail varnish, but I really liked the shade – it's a bit more wearable than the others. I'd definitely wear it again, even during the day, especially as it didn't chip for a whole week.

### 5 OPI

Nail Lacquer in Infrared-y To Glow

★★★★★

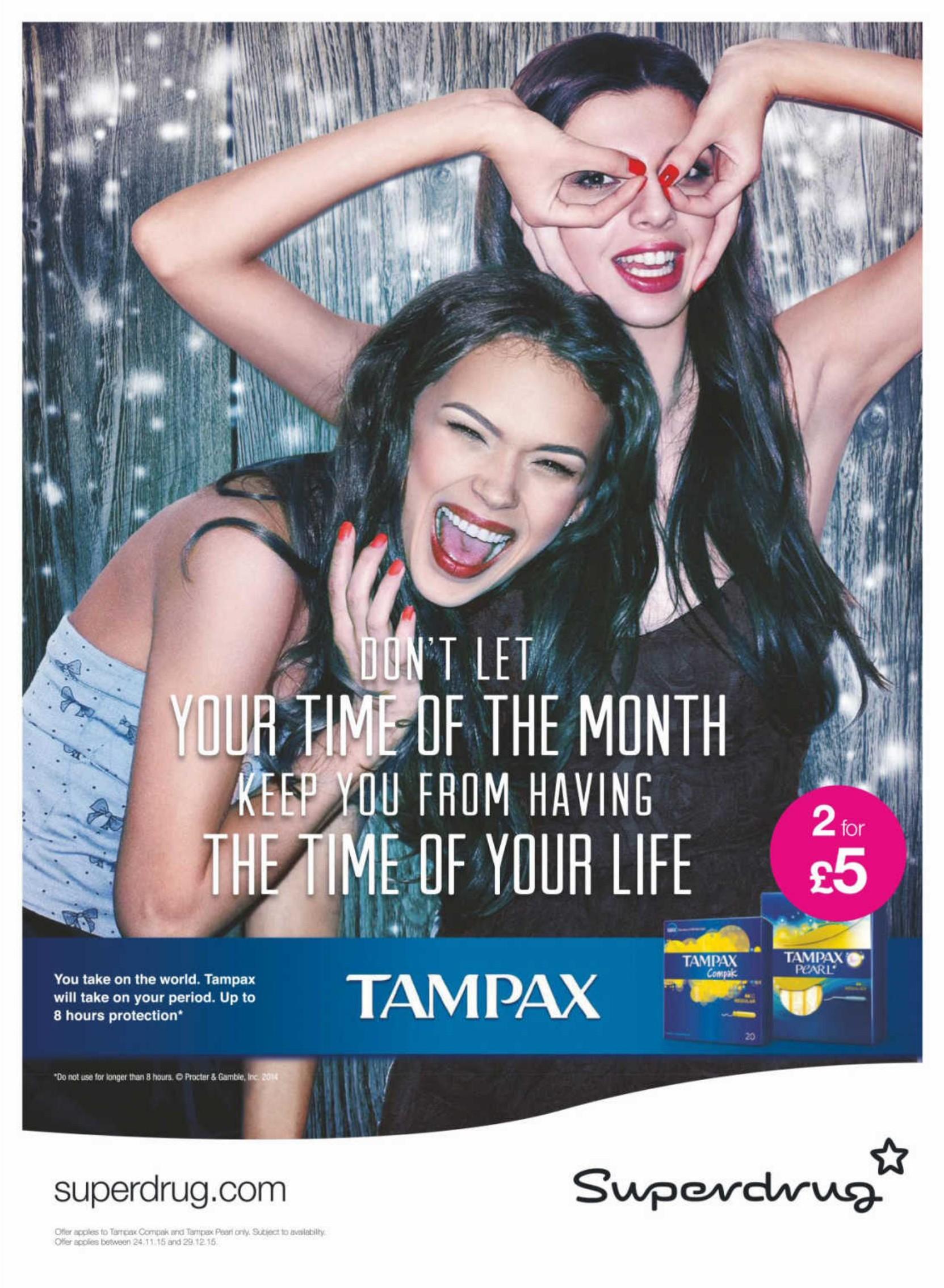
**Look's Sam:** A blend of fine glitter and confetti makes this the ultimate party polish. I applied a few coats to build up colour and received compliments all night. Plus, it didn't budge until I wanted it to – it's my new go-to glitter.

**Sophie:** I love this polish. The mix of red and pink almost looked rose gold from afar, and just the right amount of glitter and confetti came out on the brush. It also stayed put for almost two weeks.



## Ready, Steady, Sparkle

- Try your hand at a rainbow rock-star mani by pressing loose glitter on top of a wet base coat. Then, seal it in with a layer of top coat, as they did on the Ashish catwalk.
- Always use a base coat or you'll struggle to remove the glitter.
- Can't get your glitter varnish off? Butter London Glitter Scrubbers, £10 per pack, will make light work of it.



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Superdrug 

# The A-List Workout That Burns 1,000 Calories An Hour!

We're loving the supercharged new Lagree Fitness Method that Miss Aniston swears by...

**L**isten up, ladies! The *hottest* new A-list cardio workout has just landed in the UK. The Lagree Fitness Method is already *huge* in the US and is the number one secret to sculpting the bodies of everyone from Jennifer Aniston and Sofia Vergara to Michelle Obama. Oh, and did we mention that it burns a whopping 1,000 calories in just 50 minutes? We're sold.

'The Lagree Fitness Method works your core, as well as your flexibility, balance and endurance,' founder Sebastien Lagree told *Look*. The pimped-up Pilates class uses a 'Megaformer' machine [think of it as a very big treadmill and reformer chair combined] with heavy springs that move on the front and back of the platform, which add weight and challenge your body. 'This helps to improve your overall strength and work muscles deeper,' adds Sebastien.



Throughout the hour-long class, you'll be put through your paces with a series of 60-second moves on the Megaformer, using your weight to push in and pull back the moving platform. 'Your body will shake at the beginning as it's working out muscles you've never used before,' warns Sebastien. Intense? Yes. Worth it? Definitely.

'You'll feel sore for the first three classes,' admits Sebastien. 'But you'll start to really appreciate it as the method taps into parts of your body you can't reach with conventional weight training.'

And the best news? You will see results almost immediately. 'I've seen people lose two or three inches in the first

week,' says Sebastien. 'It reshapes your abs and tightens up your body without bulking you up.'

Fifty minutes to Jennifer Aniston's killer bod? Um, where do we sign up?

■ Visit [Studiolagreed.com](http://Studiolagreed.com) for more info



## SO LONG, BODYPUMP! Check Out These Other New Fitness Classes...

### PULSE

Like clubbing? Then you'll love Pulse. This brand new class incorporates glowsticks, dance moves and aerobics for a fast-paced, feel-good workout to some serious club classics. We *really* wanted a night out afterwards.

■ Available nationwide at [Virginactive.co.uk](http://Virginactive.co.uk)



### ORANGETHEORY

Enjoy this fun yet challenging class where your pulse is monitored across a 60-minute workout of cardio and resistance exercises. The aim? To take your heart rate to a target zone – the Orange Zone – to increase metabolism.

■ Available at selected locations at [Davidlloyd.co.uk](http://Davidlloyd.co.uk)



# #TRENDING Now!

From the box to the box office, here's what's rocking our world right now

[@LOOKmag](#) [@Lookmagazine](#) [@lookmagazine](#) [LOOKmagazine](#) [+lookmagazine](#)

## #FILM

### We ❤ Rashida

WITH A NEW TV SHOW AND A FILM, WHEN WE GROW UP WE WANT TO BE RASHIDA JONES...

#### ● WE AGREE WITH EVERYTHING SHE SAYS...

Can we be obsessed with women who have changed the world and are really, really smart?

#### ● SHE TACKLES THE BIG ISSUES...

Her powerful documentary *Hot Girls Wanted* (on Netflix now) exposed the dark side of the amateur porn industry.

#### ● SHE'S A TOTAL ALL-ROUNDER...

Don't miss the new comedy she produces, *A To Z* (30 November, E4, 7.30pm). Andrew, who works at an internet dating site, falls for top lawyer, Zelda, after a dispute. It's the TV equivalent of *How To Lose A Guy In Ten Days*.

#### ● EVERYONE WANTS TO WORK WITH HER...

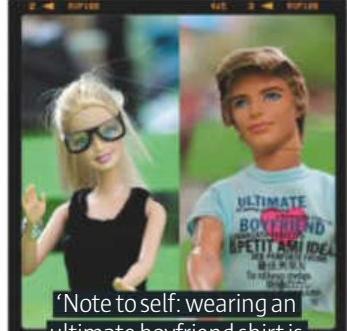
Rashida's part of Sophia Coppola's new festive movie *A Very Murray Christmas* (4 December, Netflix). The musical comedy stars Amy Poehler and George Clooney to name but two. Amazing, right?



## #INSTAGRAM

### Barbie GETS BASIC

HONEST NYC BARBIE SUMS UP OUR LIFE. WE'RE #OBSESSED



'Note to self: wearing an ultimate boyfriend shirt is a red flag. #tinderfail'



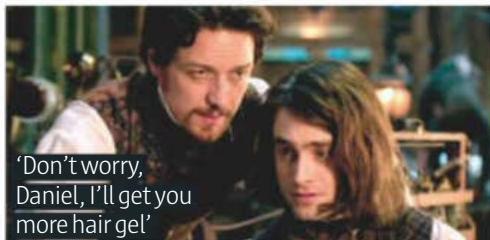
'I have no words for what's happening. #pleasesendhelp'



'Bottomlesssss  
bruuuuunncchhhhhh'



'Is the day over? Good'



### Victor Frankenstein

#### IF YOU'RE SAD HALLOWEEN'S OVER...

James McAvoy (swoon) plays the mad medical student who creates an 8ft monster. Quite frankly, sidekick Daniel Radcliffe's long hair is more terrifying. Gruesomely good. ★★★★☆ Out 3 December



### The Night Before

#### ELF FANS WILL LOVE IT

Seth Rogen and pals look for the best night out ever, as their annual Christmas Eve tradition might be coming to an end. Basically, we wish we were part of it. Party on. ★★★★☆ Out 4 December



#TV

## If You Loved Serial...

**THREE EPISODES,  
THREE NIGHTS,  
ONE CASE**

This documentary follows Bristol police as they investigate the 2014 murder of 19-year-old Nicholas. You'll be hooked from the moment the real-life crime is reported, as it unfolds over three nights.

■ The Murder Detectives, 30 Nov-2 Dec, Channel 4, 9pm

#DVD

## Brrrr!

FOR THOSE NIGHTS WHEN IT'S JUST TOO COLD TO GO OUTSIDE...



### Trainwreck

Missed the game-changing comedy of the year? We're judging you. A commitment-phobic Amy Schumer will never stop being funny. **Out 7 December**

### Ant-Man

A Bug's Life meets Superman as Paul Rudd shrinks but remains super-strong. We like. A lot. **Out 30 November**

### Magic Mike XXL

Prepare for some big moves: Channing Tatum gearing up for a strip convention is quite the sight. Ahem. **Out 30 November**

#MUSIC

## It's Fleur East VS Chris Martin

ONE OF THESE NEW ALBUMS WILL BE TOP OF YOUR CHRISTMAS POPS



### Love, Sax And Flashbacks

AFTER HER EXPLOSIVE PERFORMANCE ON THE X FACTOR, WE'RE IN LOVE WITH FLEUR. EXPECT FUNKY TRACKS LIKE SINGLE SAX AND THE UPBEAT MORE AND MORE. OUT 4 DECEMBER

## A Head Full Of Dreams

COLDPLAY ARE BACK! BUT WITH A SLIGHT DISCO VIBE, AND NOEL GALLAGHER AND BEYONCÉ'S HELP. THEY SAY IT'S 'BURSTING WITH ENERGY, COLOUR AND BIG, LIFE-AFFIRMING MOMENTS'. WILL J-LAW BE GIVING IT A LISTEN? OUT 4 DECEMBER



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## WINTER'S It NAIL ART

We've had glass and velvet – now it's time to make way for the latest touchable nail art. Inspired by winter jumpers, these cool cable-knit talons have blown up in a big way on Instagram. Only the steadiest of hands need apply.

Master the art of the cable-knit nail with our Nail Art Pinterest board

# Look! WHAT A WEEK

Fashion never sleeps and neither do we! For your 24/7 style fix, go to [Look.co.uk](#) and follow...

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### GWYNETH'S CRAZY CHRISTMAS WISH LIST

We're talking 18-carat gold dumbbells, an outdoor pizza oven and even a trip to space, according to her Goop post. Gwyn must have been a very good girl this year...

Check out Gwyn's list at [Look.co.uk/goopgift](#)



### Stella's Star-Studded Charity Campaign

Stella McCartney has called on her A-list pals, including Cara, Taylor and Ellie, to support the White Ribbon for Women campaign, with the International Day for the Elimination of Violence Against Women on 25 November. Girl power!



## EXHIBIT A: THE JUICY TRACKSUIT

WHO KNEW YOU HAD A MUSEUM PIECE IN YOUR WARDROBE? THE V&A HAS ANNOUNCED IT WILL BE SHOWCASING A NEW EXHIBITION IN WHICH JUICY COUTURE TRACKSUITS – YOU KNOW, THE TWO-PIECE YOU LIVED IN BACK IN 2004 – WILL BE THE PRIME DISPLAY. TO CELEBRATE, HERE'S A LOOK BACK AT OUR FAVE VELOUR-CLAD CELEBS...



## STAR WARS STYLE MANIA

*Star Wars: The Force Awakens* hits the big screen on 18 December, and it's already inspiring the fashion sphere, from charity sweaters to offbeat heels. Now, where's that lightsaber?

Check out our Star Wars cheat sheet at [Look.co.uk/starwars](#)





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